



New Jersey Celebrates Infants and Toddlers



CITE
Coalition of Infant/Toddler Educators



29th Annual Conference

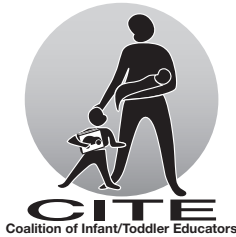
April 4 - 5, 2014

Woodbridge Renaissance Hotel
Iselin, NJ



Conference Coordinator:
Helen Muscato

732-329-0033 or HelenMuscato@verizon.net



Coalition of Infant/Toddler Educators 29th Annual Conference

2013 was a very exciting year for CITE for several reasons: 1) some half-dozen members (and Arlene Martin, one of CITE's advisory board members) were actively involved in the development of the New Jersey Council for Young Children's *New Jersey Birth to Three Early Learning Standards*, the state's first guidelines for programs serving infants and toddlers and their families. These Standards have now been fully adopted by the Council; 2) the number of those holding the New Jersey Infant/Toddler Credential has expanded (We are excited that the 100th credential was awarded in 2013!); and 3) several board members participated on the New Jersey Council for Young Children's Infancy and Early Childhood Mental Health Committee. This work led to the formation of the New Jersey Association for Infant Mental Health and the availability of a NJ Infant Mental Health Endorsement for practitioners and advocates.

2014 promises to be even busier for CITE! The *New Jersey Birth to Three Early Learning Standards* have been published and they will be used as a basis for all quality initiatives in the state. The *Race to the Top* grant recently awarded to NJ ensures that *Grow NJ Kids*, the Quality Rating and Improvement System will be put into place and will include a Family Child Care QRIS. And, the expected introduction of infant mental health competency guidelines through the work of the New Jersey Council for Young Children's Infancy and Early Childhood Mental Health Committee will necessitate CITE's continuing involvement in this environment of expanding infant/toddler professional development demands as we seek to incorporate all of these advancements into the requirements of the New Jersey Infant/Toddler Credential.

This annual conference brings together the best minds and talent in early care and education - with an emphasis on infant and toddler development and learning activities - Your attendance at the conference gives you the opportunity to learn from these experts and earn up to 12 hours of professional development. In addition, you get to network with state and local leaders, with your peers in center-based and family child care settings, and with others working in the field of early child care and education.

We are glad to have you join us at the conference to learn about what's new and to be a part of this exciting event!

Suzanne Williamson, President



*CITE celebrates those dedicated teachers who have earned their
NEW JERSEY INFANT/TODDLER
CREDENTIAL!*

Learn what this exciting initiative can mean for you and how **YOU** can earn the Credential.

Visit the CITE table in the Exhibitors Hall for details.

How To Get The Most Out Of Your Conference...

CITE plans its conference to provide you with workshops, activities, entertainment, and exhibits that will enrich your professional life. To help you maximize your conference experience, we would like to suggest the following:

- ☆ Allow enough time for traffic.
- ☆ Dress in layers, as room temperatures may fluctuate.
- ☆ Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive, especially during large group sessions. *Please turn off your cell phones!*
- ☆ Make sure you register early for your first choice workshops. All workshop allocations are made on a first-come, first-served basis. Room capacities are limited due to fire regulations and you must attend the workshops reflected on your name tag.
- ☆ **Be sure to visit our vendors in the Exhibit Hall and network with colleagues.**

New This Year . . .

- ☆ *Workshops*
- ☆ *Presenters*
- ☆ *Friday Leadership Track*

🌀 Presentation of the 2014 June Moss Handler Award 🌀

Conference Schedule . . . Friday and Saturday

Registration, Breakfast, and Exhibits:	7:30 am - 8:30 am
Welcome & Keynote:	8:30 am - 10:00 am
Exhibits:	10:00 am - 10:30 am
Morning Sessions:	10:30 am - 12:30 pm
Lunch / Exhibits	12:30 pm - 2:00 pm
Afternoon Sessions	2:00 pm - 4:00 pm

Friday Evening Activities:

What's New in Licensing	4:15 pm - 5:15 pm
Yoga for Children - Robin Sweeny	4:15 pm - 5:15 pm

Friday Keynote Speaker - Erica Bocknek

8:30 am - 10:00 am



Erika London Bocknek, PhD, is Assistant Professor of Early Childhood Education in the College of Education, Wayne State University, Detroit MI; Adjunct Research Investigator in the Department of Psychiatry, University of Michigan, Ann Arbor, MI; affiliate faculty at the Merrill-Palmer Skillman Institute, Wayne State University, Detroit, MI; and a licensed marriage and family therapist in private practice.

Dr. Bocknek received her B.A. from the Honors College at the Pennsylvania State University and her master's degree in Marriage and Family Therapy from the University of Connecticut, where she completed clinical internships in the university's specialized family therapy program for families referred through the child welfare system as well as the state-run substance abuse in-patient program. Dr. Bocknek received her doctorate in Child Development from Michigan State University and completed the Interdisciplinary Graduate Specialization in Infancy and Early Childhood. She was then selected as the Irving B. Harris Postdoctoral Fellow at the Louisiana State University Health Sciences Center (LSUHSC), completing a clinical fellowship in Child Psychiatry and Infant Mental Health.

Dr. Bocknek has long been engaged with the Michigan Association for Infant Mental Health (MI-AIMH), previously serving on the board and co-chairing the biennial conference. In 2009, MI-AIMH awarded Dr. Bocknek the first-ever Hiram Fitzgerald Emerging Scholar Award. Dr. Bocknek is also the 2012 Todd Ouida Clinical Scholar, awarded by the University of Michigan Depression Center for her work investigating early risk markers for childhood mental health problems.

Dr. Bocknek's research focuses on emotion regulation in toddlerhood, an important early precursor of later mental health problems. She has published a number of academic papers in this area, including a recent chapter in the *Handbook of Father Involvement: Multidisciplinary Perspectives*. Dr. Bocknek currently collaborates on multiple federally-funded as well as privately-funded research projects. Dr. Bocknek is a faculty advisor to the Wayne State University Infant Mental Health Dual Title Graduate Program and a co-chair of the Michigan Infant Research Corridor. She is also currently guest editor of an upcoming special issue of the *Infant Mental Health Journal* on young children and fathers.

Erika and her husband, Andy, both Michigan natives and childhood friends, live near Detroit with their 2.5 year-old son, Ethan, and spaniel, Elbie.

KEYNOTE ADDRESS:

Catching Bubbles: Supporting the Emotional Development of Infants and Toddlers Through Relationships

Learning to understand and manage emotions is a central competency of early childhood, providing young children with the foundation for resilience at older ages. This talk will focus on how emotion regulation develops and what important adults can do to support best outcomes for infants and toddlers.

Saturday Keynote Speaker - Linda Gillespie

8:30 am - 10:00 am



Linda Gillespie, MS has been working in the field of early care and education for the past 30 years. She currently works with ZERO TO THREE, a national organization that focuses on the first three years of life. She has served in a variety of positions such as an infant/toddler specialist, parent educator, director, trainer, and mentor. Before moving to Washington, DC she served as a project coordinator for 15 years at Community Coordinated Child Care Resource and Referral agency in NJ. She earned her master's degree in Infant and Parent Development from Bank Street College of Education and is also certified in Special Education in NJ.



KEYNOTE ADDRESS:

Self-Regulation - A Lifelong Journey!

Self-regulation has been called the "cornerstone of child development" but what does that really mean and why is it such an important component in learning and school success? This keynote will explore the various characteristics of self-regulation and share strategies of how we as caregivers nurture it's growth.



Conference 2014 Terms & Fees...

Early bird registration must be postmarked by March 8, 2014. Registrations postmarked after March 8th will be returned and must be resubmitted with the increased amount.

Payments must be made by check or money order. Vouchers and purchase orders will not be accepted. Returned checks will be charged a \$35.00 fee.

Refund Policy - Conference Fees are **NOT REFUNDABLE** - No Exceptions
NO CONFIRMATION WILL BE SENT.

Conference Fees Include...

- Keynote speakers, breakfast, lunch, workshops, exhibits, and Friday afternoon activities **and A ONE YEAR MEMBERSHIP TO CITE.**



**Clock hours will be provided.
Earn up to 12 hours of professional development!**

CITE Membership benefits...

As a CITE member, you help us support our goals while you open new opportunities for your own training and professional development.

- Free workshops near you
- Support of other early childhood professionals
- Opportunities for professional and personal growth
- Access to the Barbara Shaw Memorial Library
- Voting rights in CITE elections to help shape the future of the infant/toddler profession in New Jersey
- Access to the most current articles and events in the infant/toddler field through our website, Facebook page and Twitter feed.
- Membership to CITE local Chapters
- Membership meets CDA and NJ Infant/Toddler Credential requirements

Funding provided by the New Jersey First Steps Infant/Toddler Initiative through Programs for Parents, Inc., Community Coordinated Child Care of Union County and EIRC - Southern Regional Child Care Resource Center.



New Jersey First Steps

A State-wide Infant Toddler Initiative



Thank you to CITE Founder, June Moss Handler, Terri Buccarelli, CITE Past President and Suzanne Williamson, CITE President who continue to generously support CITE.

A generous donation has been made in the memory of Billee R. Kiley.

CONFERENCE COMMITTEE

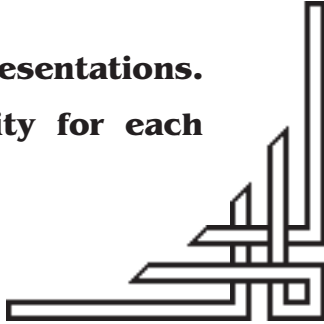

**Jennifer Santana (Co-Chair)
Terri Buccarelli
Sue Williamson**

**Lorri Sullivan (Co-Chair)
Cathie Chmielewski
Beth Gardiner**



In an effort to cover all the interests of our attendees we have addressed the following NJ Infant/Toddler Credential Quality Key Indicators:

- **Infant Mental Health: Social/Emotional Well Being**
- **Child Development • Curriculum • Environment**
- **Family and Community • Health and Safety**
- **Nutrition • Professionalism**



We have also listed the competency level of each of the presentations. The NJ Infant/Toddler Credential Key Indicator of Quality for each workshop is listed after the workshop title and presenter.

• Level I

Individuals at this level are at the first step in the commitment to a career in early care and education; they contribute to and assure the maintenance of a safe and nurturing environment in which young children learn and develop; they learn about children and families through participation in professional development activities; they receive ongoing supervision from someone at a higher level.

• Level II

Individuals at this level consistently exhibit practices grounded in theories of growth, development, and learning; they work cooperatively with others, establish good mentoring relationships, and sometimes provide direct supervision; they have participated in formal study leading to a degree and/or certificate and have refined their knowledge through guided and reflective experiences with young children and families.

• Level III

Individuals at this level have extensive academic preparation and experience in the field; they can be responsible for mentoring those at Level I and II; they possess the ability to provide new resources in the development of theory and innovative practice; they demonstrate a mastery of developmentally appropriate practices which allow them to mentor peers as well as persons at other levels.

Friday - Leadership Track

Presenter: Gigi Schweikert

AM Session - 10:30 am - 12:30 pm

Lunch/Exhibitors - 12:30 pm - 2:00 pm

PM Session - 2:00 pm - 4:00 pm



Winning Ways: *Being a Supervisor*

International best-selling author and keynote speaker, Gigi Schweikert, is offering an exclusive session for Directors and supervisors based on her latest book, *Being a Supervisor*. This unique opportunity to work with Gigi in a smaller group setting includes:

- A personally signed copy of Gigi's book, *Being a Supervisor*, for you to keep
- 4 hours of instruction and participation with Gigi
- 2 hours of post-conference information from her book
- 6 hours of total training credit for the session
- Time to ask specific questions about supervisory concerns in your program
- An opportunity to meet and network with others leaders in your area

During this interactive and humorous session, you will learn:

- How to Gain Confidence and Respect as a Supervisor
- The Best Ways to Retain and Motivate your Staff
- How to Deliver Difficult Messages
- The Importance of Honest Communication
- The Secret to a More Calm and Productive Program

A few highlights of Gigi's career:

- Author of 18 books, latest, *Being a Supervisor*, Redleaf Press, 2014
- Supervised over 1500 employees
- Clients include, Merck, Growmark, Prudential, Chesapeake Energy, Purdue University
- Frequent contributor to *Child Care Information Exchange*, featured article in their 200th Anniversary Edition
- Previous Director of the United Nations Early Childhood Program in New York City
- Developed and managed Johnson & Johnson Child Development Centers
- Working mother of four children
- Advisory Board Member to KidReports technology for school to parent communication
- Gourmet cook with organic vegetables from my own garden (Just kidding!)

"Gigi Schweikert is one of my favorite writers -- she speaks from real life experience, cuts right to the chase, and uses humor well to enliven her messages. Her latest work, *Being a Supervisor*, touches on a critical role. Study after study has confirmed that the quality of supervision in a center has a direct impact on quality of care! In *Being a Supervisor*, Gigi provides a healthy mix of self-evaluation and reflection tools and practical advice current or would-be supervisors can put immediately into practice."

Roger Neugebauer
Publisher, *Exchange Magazine*

The additional cost of this session, **Winning Ways: Being a Supervisor**, is \$15 and includes your personal copy of Gigi's book.

Friday Morning...

10:30 am - 12:30 pm

1. Early Magic: How Important Adults Work Together to Help Infants and Toddlers Learn and Grow – Erika Bocknek (Level II, III)

NJ Infant/Toddler Credential Quality Key Indicator - *Infant Mental Health: Social/Emotional Well Being*

This workshop will expand on the presenter's keynote address, discussing the important roles that multiple, important caregiving adults can play in supporting optimal development for young children. Participants will learn the significance of cooperation among multiple adult caregivers in a child's education care and targeted strategies to support the development of young children's emotional competencies.

2. Plop! Art for Infants and Toddlers: Making the Best of a Messy Situation – Jenny Graham-Hougah, Education Coordinator and Instructor, Markeim Arts Center (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum*

Art is a valuable sensory experience, and in this hands-on workshop teachers will weigh in on the distinction between “art” and “craft”, learn effective set-up and clean-up strategies, and review the research on the benefits of art. New and experienced teachers will leave with ideas to use in the classroom and techniques to explain the value to parents and administrators.

3. Best Practices in Early Education Leadership - Peggi Trusty, Resource & Referral Administrator, Quality Care Resource and Referral Services, Inc. (Level III)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

This class will assess leadership styles and techniques that effect staff, parents and children; including the LEAD Leadership Model (Listen - Example - Authenticity - Development). Emphasis will be placed on recent theories and studies in leadership and motivation as well as practical leadership skills that work.

4. Using Your Care Environment to Support the NJ Birth to Three Early Learning Standards – Maureen Greiner, NJ First Steps Infant/Toddler Specialist Consultant – Program for Parents, Inc. (Level II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Environment*

This session will provide an overview of history, purpose and alignment of the new statewide learning guidelines for infants and toddlers in care. Participants will receive their own copy of the standards and explore ways to adapt their care environment to use this tool at their site.

5. Modifying Routines and Activities for Children with Special Needs – Denise Bouyer, Project Director, Statewide Parent Advocacy Network, NJ (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

This workshop will examine modifying and adapting the typical infant/toddler learning environment and making routines and activities more inclusive for children with special needs. We will discuss adapting materials and instructional modifications that supports children’s successful participation in everyday routines and activities.

Friday Morning...

10:30 am - 12:30 pm

6. Introduction to the New Jersey Association for Infant Mental Health Endorsement System – Kathleen Mulrooney, M.A., LPC, ACS, IMH-E IV-C, Endorsement Coordinator, New Jersey Association for Infant Mental Health (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

In this workshop, participants will learn about the newly established New Jersey Association for Infant Mental Health Endorsement system (NJ IMH-E®) eligible for providers at all levels of professional experience across multiple disciplines. Endorsement verifies that individuals working with infants, toddlers and their families provide culturally sensitive, relationship-based services that meet the standards approved by a recognized professional organization devoted to the optimal development of very young children. We will also specifically review how the NJ IMH-E® is related to the Infant/Toddler Credential.

Friday Afternoon...

2:00 pm - 4:00 pm

1. Tactile and Sensory Foundations of Child Development: Qigong parent training for autism and developmental delays. – Linda Garofallou, Pediatric Massage Therapist (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Workshop will examine impact of early tactile and sensory experiences on achievement of self-regulatory developmental milestones. Qigong parent-delivered protocol highlighted for use with difficult developmental delays including autism and ADHD.

2. NJ Birth to Three Early Learning Standards – Domain II: Approaches to Learning – Pat Wallace, Maggie Fuller, Annette Perez – First Steps Infant Toddler Specialists – SRCCRC (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Participants will learn how infants and toddlers approach the world with curiosity, persistence, creativity and a sense of wonder using the newly adopted Early Learning Standards.

3. The NJ Administrators' Credential: Your Next Step in Leadership – Nezzie DeFrank, Director of Education and Innovative Programs, Programs for Parents, Inc. (Level III)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

The overview for the NJAC is based on Taking Charge of Change, a leadership curriculum that enables administrators to align their program with evidence-based research and best practices; a practicum which includes a self-assessment and program improvement plan; and a professional portfolio. The objectives are to provide participants with an overview of the technical assistance manual for the NJAC and the requirements to meet Professional Impact NJ's credential. This session is for administrators and FCC providers who care for infants and toddlers.

Friday Afternoon...

2:00 pm - 4:00 pm

4. Managing Stress in Today's Day Care – Robert P. Kane / Mark Kremen, Senior Partners, Training Unlimited LLC (Level II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety*

Are you feeling stressed? If so, don't worry you are not alone. Today's fast-paced workplace lends itself to an environment filled with stress. The causes of stress are endless: from the constantly ringing telephone to heightened customer expectations. Whatever the cause of your stress, this program is designed to provide you with helpful, immediately usable tips for dealing with the stress in a healthy and positive way. The program's 26 stress reducing tips that can be done in the workplace are a sure-fire method for helping to create a less stressful environment in which both employees and customers thrive.

5. How Our Understanding of Development and Context Leads to Curriculum and Environmental Design - Marjorie Brickley, Co-Director Infant/Toddler and Family Development and Early Intervention Program (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Heighten your awareness of important developmental themes and how we can turn these into meaningful learning opportunities for infants and toddlers. Explore the context of your program and how important that is to the daily experiences of the children and families.

6. Making Meaningful Connections: Communication Skills for the Infant/Toddler Professional - Linda Carter, Assistant Professor, Passaic County Community College; Nicole DeNude, Social Worker/Administrator, Passaic County Community College (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social/Emotional Well-Being*

High quality infant/toddler care begins with responsive caregiving. Join us on a journey of exploring, understanding and interpreting the unique language of cues, cries, body movements and much, much more!

Friday Afternoon & Evening Activities...

4:15 pm - 5:15 pm

What's New in Licensing – Elissa Lombardo and Leah Schneider; Child Care Quality Assurance Inspectors, NJ DCF

NJ Infant/Toddler Credential Quality Key Indicator – *Environment*

This session will provide the most current information on licensing with an emphasis on infant and toddler child care centers.

4:15 pm - 5:15 pm

Yoga for Children - Robin Sweeny

NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety*

Robin Sweeny has a Masters in ECE and Administration. She has been affiliated with Early Head Start as a Home Visitor and manager since 1996. In 2009, she received a certificate with Rainbow Kids Yoga.

This workshop will be a fun and active hour which will teach you how to incorporate children's yoga into your daily routines. Children's yoga provides tools to develop self awareness and enhance the physical, mental, and emotional health and well being of infants and toddlers. This non-competitive movement provides opportunity for new language as well as creative freedom.

1. Curiosity, Persistence, Problem Solving, and More! Exploring Approaches To Learning Linda Gillespie, Zero to Three

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Babies are always learning! Long before infants and toddlers can ask questions aloud, they are creating them in their minds and seeking answers. Both brain development and skills that form a strong foundation for success in school and beyond are developed in the first few years of life. Some of those important foundational skills are found in the approaches to learning domain. Come explore characteristics and strategies that nurture infant and toddler development in this domain.

2. Professionalism and Teamwork in Early Childhood Education Programs – Renee Brady, Childhood Education Consultant (Level I)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

Working as a professional and a team require effort of the individual as well as the group. This workshop will review what professionalism is, how we develop and demonstrate professionalism, and look at strategies that encourage team building.

3. Powerful Interactions: How to Connect with the Child and Extend Their Learning – Tychawn Johnson, Early Childhood Consultant, Irvington Public Schools (Level II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

This interactive session will examine Powerful Interactions in which teachers intentionally connect with the child and extend the child's learning. Participants will learn how to turn everyday interactions into Powerful Interactions using a three-step approach: be present so you can be intentional; connect to deepen your relationship with the child; and extend learning in ways that are individually responsive to each child.

4. Minds in the Making – Michelle Barnea, Early Childhood Consultant, Innovations in Early Learning (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Have you ever wondered how brain research is conducted and how this research plays a role in our daily practices with infants and toddlers? Together, we will view video clips and discuss the implications of research findings and how teachers can use these findings to enhance their care of young children.

5. Babies Need to Move! – Eleanor Campbell, P.T., Pediatric Physical Therapist, Advanced Physical Therapy Associates (Level II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

This workshop will explore the sequence of motor skill development in the first year of life. Participants will learn when and how babies need to move, how movement is related to learning and what consequences frequently occur where there is a scarcity of movement (such as torticollis, flat head syndrome and developmental delay). Use of baby equipment that inhibits movement will be discussed. You will learn practical ways to engage babies with enjoyable movement and play and how to adapt your care setting to foster their development.

Saturday Morning...

10:30 am - 12:30 pm

6. Early Intervention & Early Childhood Education: Bridging the Gap – Sandra Sheard, Inclusion Specialist, Anna Breakey, Early Intervention Program Director, Archway Programs (Level II)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Participants will learn about the NJ Early Intervention System (NJEIS), referral and evaluation process, eligibility, and development of an Individualized Family Service Plan (IFSP). The workshop will explore how services take place in the child's natural environment. Experience hands-on practice with adaptations that you can apply in your program to best incorporate EI into a quality ECE environment.

7. Keeping Infants and Toddlers Safe - Judi Connor, RN, BSN, Programs for Parents (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Health & Safety*

Do you know what injuries are common in the child care setting, and what you can do to prevent them? This workshop will provide injury risks for each developmental stage and prevention strategies, along with a discussion on performance safety checks of the environment, as well as available resources for providers and families.

Saturday Afternoon...

2:00 pm - 4:00 pm

1. Approaches to Learning – Beth Kimber and Rhonda Ciccone, Infant/Toddler Specialists – Community Coordinated Child Care of Union County (Level I)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

In this hands-on workshop, participants will become familiar with the "Approaches to Learning" domain found in the new NJ Birth to Three Early Learning Standards. Learn how to incorporate the components of this domain- curiosity, persistence, creativity, and initiative into your daily routine.

2. Creating Positive Environments for Infants and Toddlers: Making Sense of Chaos – Ann Breakey, Child Development Specialist, Archway programs (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Environment*

This workshop will foster an understanding of how the classroom environment affects all aspects of development, including motor, language, cognition, social/emotional, and self-help skills. Participants will identify challenges in their environments, which will become opportunities to develop a globally positive learning and nurturing place for children.

3. The Scientist in Your Cupboard - Carole O'Brien, Owner/Consultant, The Educator's Academy at A Vidio Co., Inc. (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum*

Infants love to play and explore the world around them. You can help introduce baby to the larger world by using science concepts while increasing their gross motor development through song and rhyme. Toddlers are naturally curious; you can create a science curriculum fitting for their age level and your budget by looking no further than your cupboard. This workshop includes strategies and interactive activities.

**4. Baby Sign Language – Sherri Begleiter, Early Childhood Consultant (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – Curriculum**

Why learn baby sign language? For a host of reasons: it bridges the gap between understanding language and being able to communicate by helping them to communicate before they can speak, helps reduce frustration for infants and toddlers, helps practice interpersonal communication skills, create a common language for a classroom that might be multi-lingual, increase attention and engagement while increasing a child's sense of accomplishment and self-esteem. Enhance finger play and help ease transitions, and reach children with special needs. But most of all – it's fun and easy to learn! Today we will learn the alphabet, numbers, simple directions, animals and a couple of special surprises!

**5. "R-E-S-P-E-C-T: Find Out What it Means to Be" – Angie DeFazio, ECE Consultant/Trainer, Is It Good for Children, LLC (Level I, II, III)
NJ Infant/Toddler Credential Quality Key Indicator – Child Development**

Do you wish you could be more effective in your guidance practices? Then this workshop is for you! Come prepared to engage in deep self-reflection and leave with a renewed feeling of confidence as you learn how to uncover your own feelings as you manage children's behavior and discover strategies that work in your classroom.

**6. Understanding Toddlers Who are Fussy Eaters – Debbie Silver – Director of Professional Development – Child Care Resources of Rockland (Level I,II)
NJ Infant/Toddler Credential Quality Key Indicator – Nutrition**

Toddlers who are fussy/picky eaters can often be challenging for caregivers! This workshop will explore why toddlers exhibit this behavior and offer strategies for dealing with it.

**7. Management Skills for the Child Care Administrator – Dawn Martini, BS Ed., - Ronald V. McGuckin and Associates (Level II)
NJ Infant/Toddler Credential Quality Key Indicator – Professionalism**

This workshop will focus on the development of management skills for child care administrators. We will look at common dilemmas faced by managers and offer suggested methods to overcome these situations.

Renaissance Woodbridge Hotel



**515 US Highway 1 South
Iselin, NJ 08830
(732) 634-3600**

Group Rates – \$109.00 Single/Double

To receive reduced conference rates, call the hotel directly and make your own reservations before March 8, 2014. NOTE: The Renaissance Woodbridge and CITE cannot guarantee this special rate if reservations are not made by March 8th.

Shuttle Service is available from MetroPark train station. Call in advance to schedule pick up at (732) 634-3600.

Hotel website: www.renaissancewoodbridge.com

Directions

FROM THE NEW JERSEY TURNPIKE

Exit 11 and follow signs to Garden State Parkway North to Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn onto Middlesex-Essex Turnpike. At the 3rd traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to The Woodbridge Hotel & Conference Center which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM THE GARDEN STATE PARKWAY

TRAVELING SOUTH:

Take Exit 130 to Route 1 North. Continue until you see the Woodbridge Hotel on the left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's Main entrance.

TRAVELING NORTH:

Take Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn onto Middlesex-Essex Turnpike. At the 3rd traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to the Woodbridge Hotel & Conference Center, which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM ROUTE 287 NORTH OR SOUTH

Take the exit for Route 1 North. Continue until you see the Woodbridge Hotel on the Left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's main entrance.

FROM NEWARK INTERNATIONAL AIRPORT

Take Routes 1 and 9 South toward Woodbridge. Follow Route 1 South to Woodbridge Hotel & Conference Center on the right hand side – approximately 12 miles.

FROM NEW YORK CITY

Take either the Holland or Lincoln Tunnel to the New Jersey Turnpike South, To Exit 11. Take the Garden State Parkway North, to Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn onto Middlesex-Essex Turnpike. At the 4th traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to the Woodbridge Hotel & Conference Center which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM STATEN ISLAND

Take the Outer Bridge Crossing to Route 440. This will eventually turn in to Route 287, which you will take going North. Take exit for Route 1 North. Continue until you see the Woodbridge Hotel on the left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's main entrance.



Donate Diapers and Help Babies in Need

Diaper Need is a Critical Issue – And Together We Can Make a Difference In Our Own Community

*Please bring an unopened package of
diapers to donate!*

Date of Diaper Drive: **April 4-5, 2014**

Time: **Duration of conference**

Drop-off Site: **Renaissance Woodbridge Hotel**

Visit www.everylittlebottom.com



CITE 29TH ANNUAL CONFERENCE

Registration Form

Name _____

Address _____

City _____ Zip _____ County _____

Work Title _____

Employer Name & Address _____

Day Phone _____ Evening Phone _____

E-Mail Address _____

Please Check Chapter:

_____ **Northwest** (Morris, Hunterdon, Sussex, Warren) _____ **Northeast** (Bergen, Hudson, Passaic)
_____ **University** (Somerset, Middlesex, Union, Essex, Mercer, Monmouth, Ocean)
_____ **Southern** (Atlantic, Cape May, Gloucester, Salem, Cumberland, Camden, Burlington)

Friday 4/4/14

Leadership Track (additional \$15.00 for this course) **OR**

Morning Session: 10:30 am - 12:30 pm

First Choice _____ Second Choice _____ Third Choice _____

Afternoon Session: 2:00 pm - 4:00 pm

First Choice _____ Second Choice _____ Third Choice _____

FRIDAY AFTERNOON ACTIVITIES: (Please check)

4:15 pm - 5:15 pm - **What's New in Licensing** **OR**

4:15 pm - 5:15 pm - **Yoga for Children**

Saturday 4/5/14

Morning Session: 10:30 am - 12:30 pm

First Choice _____ Second Choice _____ Third Choice _____

Afternoon Session: 2:00 pm - 4:00 pm

First Choice _____ Second Choice _____ Third Choice _____

MEAL PREFERENCE:

FRIDAY: Vegetarian OR Chicken

SATURDAY: Vegetarian OR Chicken

CONFERENCE FEES ARE NOT REFUNDABLE - NO EXCEPTIONS

Early Bird – must be postmarked by March 8th
\$130 for 1 day, \$210 for 2 days

Postmarked after March 8th
\$165 for 1 day, \$245 for 2 days

Register early, sessions fill up quickly!
Return this form with the Registration fee by **March 8th** to:
CITE P.O. Box 141 • Monmouth Junction, NJ 08852
Please make checks payable to: CITE

Can't attend the Conference but want to become a member?

Please complete the following information and mail it along with the \$30.00 membership fee to:

Coalition of Infant/Toddler Educators (CITE)
PO Box 141
Monmouth Junction, NJ 08852

Name _____

Address _____

_____ County _____

Employer Name & Address _____

Job Title _____ Email _____

Day Phone _____ Evening Phone _____

Please check Chapter:

_____ Northwest (Morris, Hunterdon, Sussex, Warren)

_____ Northeast (Bergen, Hudson, Passaic)

_____ University (Somerset, Middlesex, Union, Essex, Mercer, Monmouth, Ocean)

_____ Southern (Atlantic, Cape May, Gloucester, Salem, Cumberland, Camden, Burlington)

PLEASE HELP!

Please consider making a donation to CITE!

It is individual donations such as yours that help us complete our mission *to promote quality infant and toddler care and education by building collaborations, providing professional development opportunities, support and resources, and by influencing public policy.* We are a tax-exempt organization and your donation qualifies as a tax deduction. **THANK YOU!**

Name _____

Address _____

Amount _____ Please mail your donation to CITE, PO Box 141, Monmouth Junction NJ 08852



EXERCISE YOUR RIGHT AS A CITE MEMBER
TO VOTE FOR YOUR STATE BOARD
REPRESENTATION AT THE 29TH ANNUAL
CITE CONFERENCE!

Go to the CITE website at www.njcite.org after 03/04/14
to find the 2014-2015 Slate of Officers.

New Board members are always welcome!

Consider becoming a CITE State or Chapter Board Member, visit the CITE Information table in the Exhibitor's Hall at the CITE 29th Annual Conference for more information.

**Nominations will be accepted from the floor before the
vote on 04/04/14.**

CITE

P.O. Box 141

MONMOUTH JUNCTION, NJ 08852

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SAVE THE DATE!

MAY 21, 2014



HEALTH IN CHILD CARE

**Health in Child Care
Conference
Renaissance Woodbridge
Hotel**

MAY 15, 2014

**Aletha R. Wright
Symposium
Mercer Oaks**