



New Jersey Celebrates Infants and Toddlers



CITE
Coalition of Infant/Toddler Educators



31st Annual Conference

March 18-19, 2016

Hilton Meadowlands Hotel

East Rutherford, NJ



Conference Coordinator:
Helen Muscato

732-329-0033 or HelenMuscato@verizon.net



Coalition of Infant/Toddler Educators 31st Annual Conference

Welcome to the 31st anniversary of the Coalition of Infant/Toddler Educators annual conference. I am so excited about the conference this year! We have excellent workshops scheduled for the specific needs of teachers/caregivers/directors that care for infants and toddlers. The conference committee has also put together an informative panel about all the exciting initiatives happening around New Jersey which will be held Friday afternoon at the conference. I encourage you to attend and find out how you can improve the quality of your program.

Some news and information around the state concerning infant/toddler care:

- *The Coalition of Infant/Toddler Educators (CITE) works in partnership with Professional Impact NJ to manage the New Jersey Infant/Toddler Credential to enhance the knowledge, skills and practice of infant/toddler professionals and para-professionals in center based and family child care programs. Here at CITE we encourage you to pursue this credential when advancing your career as a professional who works with infants and toddlers. If your program is enrolled in Grow NJ Kids, there is scholarship money to fully pay for the credential. Visit CITE and Professional Impact NJ's website to find out more:
<http://www.njcite.org/professional-development/infanttoddler-credential/>
<https://pinjregistry.org/index.cfm?module=login>*
- *The Race to the Top grant is currently being fully implemented, which involves the implementation of Grow NJ Kids, the Quality Rating and Improvement System. The program has been piloted in several counties and is now open to all programs in the state. For more information on how you can improve the quality of your center-based or family child care program and get great incentives, visit their website: <http://www.grownjkids.com/>*

Our annual conference brings together the best minds and talent in early care and education focusing specifically on infants and toddlers. By attending this conference you will have the opportunity to learn from the best in the field while earning up to 12 hours of professional development. In addition, you get to network with state and local leaders, with your peers in center-based and family child care settings, and with others working in the field of early child care and education. I am looking forward to meeting you at the conference.

*Sincerely,
Jennifer Santana, CITE President*



CITE celebrates those dedicated teachers who have earned their NEW JERSEY INFANT/TODDLER CREDENTIAL!

Learn what this exciting initiative can mean for you and how **YOU** can earn the Credential.

Visit the CITE table in the Exhibitors Hall for details.

How To Get The Most Out Of Your Conference . . .

CITE plans its conference to provide you with workshops, activities, entertainment, and exhibits that will enrich your professional life. To help you maximize your conference experience, we would like to suggest the following:

- ❖ Allow enough time for traffic.
- ❖ Dress in layers, as room temperatures may fluctuate.
- ❖ Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive, especially during large group sessions. **Please turn off your cell phones!**
- ❖ Make sure you register early for your first choice workshops. All workshop allocations are made on a first-come, first-served basis. Room capacities are limited due to fire regulations and you must attend the workshops reflected on your name tag.
- ❖ **Be sure to visit our vendors in the Exhibit Hall and network with colleagues.**

New This Year . . .

- ✱ *On-line Conference Registration*
- ✱ *Workshops*
- ✱ *Presenters*
- ✱ *Friday Evening Entertainment*



⇒ *Presentation of the 2016 June Moss Handler Award* ⇐

Conference Schedule . . . Friday and Saturday

Registration, Breakfast and Exhibits:	7:30 am	-	8:30 am
Welcome & Keynote	8:30 am	-	10:00 am
Exhibits:	10:00 am	-	10:30 am
Morning Sessions:	10:30 am	-	12:30 pm
Lunch / Exhibits	12:30 pm	-	2:00 pm
Afternoon Sessions:	2:00 pm	-	4:00 pm
Panel Discussion - Friday	4:15 pm	-	5:30 pm
Friday Evening Event	6:00 pm	-	7:00 pm

Friday Evening Event:

The Raising of America

6:00 pm - 7:00 pm



Conference 2016 Terms & Fees . . .

Early bird registration must be postmarked by March 1st, 2016. Registrations postmarked after March 8th will be returned and must be resubmitted with the increased amount.

Payments must be made by check or money orders. Vouchers and purchase orders will not be accepted. Returned checks will be charged a \$35.00 fee.

Refund Policy - Conference Fees are **NOT REFUNDABLE** - No Exceptions
NO CONFIRMATION WILL BE SENT.

Conference Fees Include . . .

- Keynote speakers, breakfast, lunch, workshops, exhibits, and Friday afternoon and evening activities

and A ONE YEAR MEMBERSHIP TO CITE



Clock hours will be provided

Earn up to 12 hours of professional development

CITE Membership benefits . . .

As a CITE member, you help us support our goals while you open new opportunities for your own training and professional development

- Free workshops near you
 - Support of other early childhood professionals
 - Opportunities for professional and personal growth
 - Access to the Barbara Shaw Memorial Library
 - Voting rights in CITE elections to help shape the future of the infant/toddler professional in New Jersey
 - Access to the most current articles and events in the infant/toddler field through our website, Facebook page and Twitter feed.
 - Membership to CITE local chapters
- Membership meets CDA and NJ Infant/Toddler Credential requirements

Funding provided by the New Jersey First Steps Infant/Toddler Initiative through Programs for Parents, Inc., Community Coordinated Child Care of Union County and Educational Information and Resource Center - Southern Regional Child Care Resource Center.



New Jersey First Steps

A State-wide Infant Toddler Initiative

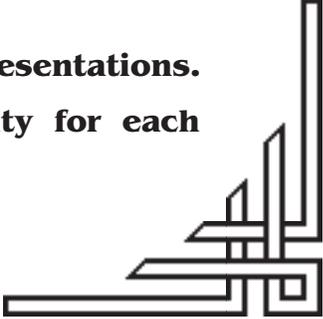
*Thank you to CITE Founder, June Moss Handler and Terri Buccarelli, CITE Past President
who continue to generously support CITE.*

A generous donation has been made in the memory of Billee R. Kiley



In an effort to cover all the interests of our attendees we have addressed the following NJ Infant/Toddler Credential Quality Key Indicators:

- **Infant Mental Health: Social/Emotional Well Being**
- **Child Development • Curriculum • Environment**
- **Family and Community • Health and Safety**
- **Nutrition • Professionalism**



We have also listed the competency level of each of the presentations. The NJ Infant/Toddler Credential Key Indicator of Quality for each workshop is listed after the workshop title and presenter.

• Level I

Individuals at this level are at the first step in the commitment to a career in early care and education; they contribute to and assure the maintenance of a safe and nurturing environment in which young children learn and develop; they learn about children and families through participation in professional development activities; they receive ongoing supervision from someone at a higher level.

• Level II

Individuals at this level consistently exhibit practices grounded in theories of growth, development, and learning; they work cooperatively with others, establish good mentoring relationships, and sometimes provide direct supervision; they have participated in formal study leading to a degree and/or certificate and have refined their knowledge through guided and reflective experiences with young children and families.

• Level III

Individuals at this level have extensive academic preparation and experience in the field; they can be responsible for mentoring those at Level I and II; they possess the ability to provide new resources in the development of theory and innovative practice; they demonstrate a mastery of developmentally appropriate practices which allow them to mentor peers as well as persons at other levels.

Friday Keynote Speaker - Judy Jablon

8:30 am - 10:00 am



Judy Jablon works as a facilitator, consultant and author in the field of early childhood education. She focuses on the importance of relationships, teacher-child interactions, effective communication, and assessment. She designs projects and provides professional development for state departments of education and federal, state, and local agencies. Judy has given keynote speeches across the country and internationally on the subject of interactions and assessment in early childhood. She is an author of numerous publications and videos including ***Powerful Interactions: How***

To Connect With Children to Extend their Learning and ***Coaching with Powerful Interactions: A Guide for Partnering with Early Childhood Teachers.***

www.judyjablon.com

www.powerfulinteractions.com

KEYNOTE ADDRESS:

Powerful Interactions Begin with YOU!

Research affirms that young children experience their world as an environment of relationships and these relationships affect virtually all aspects of their growth and development. The decisions you make as you interact with young children make a difference in their learning today and in the future. In a powerful interaction, you connect with each child to deepen your relationship and then use the connection to extend learning just a little bit. Let's explore how to turn everyday interactions into powerful interactions using a three-step approach.

Saturday Keynote Speaker - Rachel Sperry

8:30 am - 10:00 am



Rachel Sperry, MSW, Early Childhood Mental Health Specialist and National Trainer

Rachel received her Bachelor's degree in Clinical Sociology from Ithaca College in New York and received her Master's in Social Work from The University of Albany. Rachel began her career as a preschool teacher for children who were deaf and hard of hearing. Rachel has worked in therapeutic preschool settings as a teacher and therapist. As a Mental Health Coordinator and consultant for Head Start, Rachel has first-hand experience implementing the Devereux

Early Childhood Assessment Program. Rachel is based in New York's Capital Region where she worked as the coordinator of an Early Childhood Mental Health Consultation Service. Most recently she has developed FLIP IT, a strategy to address challenging behaviors and has authored a book on FLIP IT, called ***FLIP IT: Transforming Challenging Behavior***. Rachel is currently responsible for providing training and technical assistance, developing resources, and offering support to early childhood and mental health programs throughout the nation. Rachel is a Certified Trainer for the Devereux Center for Resilient Children.

KEYNOTE ADDRESS:

Building Your Bounce: Caring for those who care for children.

This keynote address is designed to promote the resilience of adults who work with children and families.

Caregivers who are stressed are more irritable. Caregivers who are stressed are more likely to be inconsistent. Caregivers who are stressed are more tired. Caregivers who are stressed lose a feeling of joy for life. Life is full of challenges, but there are simple and positive things we can do to help make our own resilience a priority. We can't possibly continue to help children if we can't help ourselves. During this keynote you will build your bounce by firstly acknowledging that you need to. Secondly, assessing your strengths and needs and lastly employing simple and inexpensive strategies to reduce our stress and promote social and emotional health.

Friday - Director's Track

AM Session - 10:30 am - 12:30 pm

Lunch/Exhibits - 12:30 pm - 2:00 pm

PM Session - 2:00 pm - 4:00 pm



**Presenter: Shelley Nemeth,
Professional Development Presenter/HighScope Field
Representative**

Originally from Canada, now a citizen of the United States, Shelley Nemeth has over 25 years experience working with children from ages 0-6. She completed her Early Childhood Education in Canada. Shelley began her career in Mississauga, Ontario Canada working in a pre-school/kindergarten classroom. Prior to moving to the United States, Shelley was a Program Coordinator responsible for over 75 staff in 10 full-day child care programs.

Shelley has traveled extensively throughout the United States, Canada and other countries delivering training to infant, toddler, preschool, kindergarten and elementary teachers. She has developed and facilitated workshops related to early childhood curricula and general best practices for young children. She has developed professional development training related to leadership and coaching for teachers and administrators. Shelley believes in creating opportunities for each learner to be successful.

Layered Leadership:

As a supervisor or administrator leading the way to successful outcomes for children, families, teachers and programs requires full attention and energy. The job is made easier with a strong and effective team in place and with ongoing leadership. Layered Leadership is a workshop track designed for program administrators and supervisors responsible for overall quality of programs. Topics include strategies for recruiting and interviewing; employee orientation, training and support; observation and feedback techniques; guidelines for building supportive environments and cultures; quality evaluations; goal setting; adult conflict-resolution and a step-by-step process for defining and achieving a vision for programs and organizations.

Saturday - Director's Track



AM Session - 10:30 am - 12:30 pm

Lunch/Exhibits - 12:30 pm - 2:00 pm

PM Session - 2:00 pm - 4:00 pm



Presenter: Lou Warren-Groomes, M.Ed., Early Childhood Consultant

Lou Warren-Groomes, M.Ed., is the mother of five children and the proud grandmother of three. Having earned her Master's Degree in Early Childhood Education from the University of Maryland, College Park, Lou has been devoted to the field of early care and education for well over forty years. She operated a family child care program in her home for ten years and co-founded the New Jersey Family Child Care Provider's Association.

Through her own consulting firm, Caring for Children, Lou was instrumental in "piloting" several innovative projects and she has both written and facilitated scads of training modules, syllabi for credit-bearing courses, and training-of-trainers manuals geared towards the professional development of directors, leaders/mentors, parents and child care practitioners serving children birth through age 13. In addition to her training repertoire, Lou has accepted several keynote speaking engagements, and served as the master instructor for several Director Academies throughout NJ.

Lou joined the Continuous Quality Improvement (CQI) team at Delaware Valley Association for the Education of Young Children five years ago as a Technical Assistant and Professional Development Consultant. She is a certified Pennsylvania Quality Assurance System (PQAS) Trainer and Reviewer for the PA Keys Professional Development System, and an approved instructor through the NJ Registry for Early Childhood Professionals.

Using Reflective Practice in Management/Supervision

This 4-hour seminar is designed for directors/supervisors who are responsible for observing and appraising the teaching/child caring practices of infant-toddler staff who come from a variety of educational/cultural backgrounds. Participants will be introduced to the process of reflective practice as a strategy to build relationships, while shifting dispositions through non-judgmental interactions and feedback.

Directors will learn how to apply the essential skills needed to incorporate reflective practices in their program that will ultimately strengthen their role in becoming transformational agents for achieving and maintaining high standards of quality.

Friday Morning . . .

10:30 am - 12:30 pm

1. Essential Connections: Supporting Culturally Diverse Families within the Child Care Setting – Annette Perez and Maggie Fuller, IT Specialists, SRCCRC/EIRC New Jersey First Steps Southern Region (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Family and Community*

Providers will better appreciate the importance of other cultures and how to best support children and their families. Everyone has a culture that affects the development of their identity. Cultural sensitivity and responsiveness is important and takes time to develop. Expressing respect and building culturally sensitive relationships with families is important.

2. Red Flags in Child Development – Janice Suarez, M. Ed. – QRIS Inclusion Coordinator, NJ Inclusive Child Care Project – SPAN (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

This workshop will focus on growth and development of infants and toddlers. You will be able to increase your knowledge of Red Flags and how to respond to them. We will review developmental benchmarks and red flag indicators, and we will also prepare you to communicate with families.

3. What’s New in Licensing? – Elissa Lombardo, Child Care Quality Assurance Inspector 2, State of NJ, Department of Children and Families, Office of Licensing; Maria Altamirano, Child Care Quality Assurance Inspector 2, State of NJ, Department of Children and Families, Office of Licensing (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

This session will provide the most current information on licensing with an emphasis on infant and toddler child care centers.

4. Infant and Toddler Activities: Learning With Our Five Senses - Cynthia Terebush, CPC, Certified Youth, Parent Family Coach, Helping Kids & Families Achieve with Cynthia Terebush (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum*

Toddlers are most engaged and interested in new adventures when learning comes to life through their senses. Professionals with all levels of experience will be introduced to different ways to taste, touch, smell, hear and see shapes, weather, alphabet, colors, stories and other concepts that we want as part of a child’s world from the time they are infant and toddlers.

5. Creating a “Social Womb” to Support Stable Infant Mental Health – Angie DeFazio, ECE Consultant/Trainer, I/T Specialist; IMH-E®(II) Infant Family Specialist, Is It Good For Children, LLC (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social/Emotional Well Being*

Participants will learn about infant brain development and various research studies that have helped us learn how to provide the best care for infants and toddlers. Discussion will include “how” child care providers and parents “are” with infants is as important as “what” they do to support their infants’ early capacities of healthy development. *Participants are asked to bring copies of the NJ Birth to Three Early Learning Standards, if possible. Available:

www.nj.gov/education/ece/guide/standards/birth/standards.pdf

<http://www.nj.gov/education/ece/guide/standards/birth/standardsSP.pdf> (en Espanol)

**6. Building Better Bodies and Brains: Physical Activities for Infants and Toddlers – D’Ta-Relle F. Tullis, CEO/Owner, Pitter Patter Feet (Level I, II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety***

A fun, interactive workshop where participants will learn the importance and significance of physical activities that are age and developmentally appropriate for infants and toddlers. They will learn how these activities develop the brain, promote health and well-being and provide a rich atmosphere for learning.

**7. Building Healthy Relationships with Families – Susan Gellert, Quality Improvement Specialist, Bergen County Office for Children (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – *Family and Community***

In this session we will explore the dynamics underlying the often challenging interactions we have with families. Family systems theories, active listening techniques, and the principles of relationship-based practice will be discussed as a means to understand how we can improve our relationships with families which in turn will benefit the children with whom we all work.

**8. The “Art of Paying Attention” to Nurture Reflective Practices – Stella Osemwegie, PhD, LPC, ACS, In-Community Services/Assistant Professor, Youth Consultation Services/Liberty University Online, Lynchburg, VA (Level I, II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social/Emotional Well Being***

Our subjective experiences and feelings can have profound and often unexamined impact on the babies/infants under our care and their caregiver. Since the present moment is all that we can claim, this workshop is aimed at helping staff engage in mindfulness practices that help foster reflective attitude.

**9. Adapting Your Environment for the Growth of NJ Babies (Using the NJ Birth to Three Early Learning Standards with Each Child in Your Care) - Stacy Salley-Proctor, NJ First Steps Northern Regional Coordinator, Programs for Parents, Inc. (Level II)
NJ Infant/Toddler Credential Quality Key Indicator - *Environment***

Inspire your staff to use the NJ Birth to Three Early Learning Standards established for infants and toddlers by learning simple ways to arrange your care environment to meet the changing engagement needs of the babies in your care.



1. Grief: How Early Childhood Staff Can Support Healthy Parent /Infant Toddler Relationships when Grief from Loss is Present - Jean Budd, LPC, NCC IMH-E®, IV Clinical Mentor , Consultant KBCM (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social/Emotional Well Being*

What does grief look like to the 0-3 population and how is it experienced? What root has grief taken in the parent’s life (Ghosts in the Nursery, Depression, Denial)? How is use of Self for professional agent for healing for Parent Child Dyad? What activities and strategies support the family, parent, child? We will also examine how to use therapy dogs, pets and support groups for healing.

2. Behavioral Interviewing: Hiring Right – Mark Kremen and Robert P. Kane, Senior Partners, Training Unlimited, LLC (Level III)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

Hiring the right person for your center is one of the most important decisions you will make as a leader. This workshop is designed to help you identify best practices in the interview and selection process. Emphasis will be placed on behavioral interviewing techniques to ensure you will be able to identify the best possible new members of your team while ensuring you are in compliance with all legal issues.

3. Inclusion Awareness – Lasheema Edwards, QRIS Inclusion Coordinator, Statewide Parent Advocacy Network (NJICCP) (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Inclusion awareness offers professional development on laws that support inclusion, rights of young children in childcare, and resources related to including children with special needs in a typical early childhood setting.

4. Communicating with Parents in 2016: What do we need to tell parents and how can we get the information to them? – Cynthia Terebush, CPC, Certified Youth, Parent Family Coach, Helping Kids & Families Achieve with Cynthia Terebush (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Family and Community*

We live in an era of instant and multiple forms of communication and we can reach parents a variety of ways – email, text, social media, on paper. Learn about the particular forms of communication and how to best use them to advocate for the children in your care by teaching parents about how your activities impact their children’s brain and skill development. (For everyone who communicates with parents on paper or not).



5. Practicing Mindful Caregiving: Nurture the mental health of infants and toddlers by creating an emotional environment of excellence! – Linda Carter, Assistant Professor, Passaic County Community College; Nicole DeNude, Social Worker/Administrator, Passaic County Community College Child Development Center (Level I, II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social/Emotional Well Being*

This workshop focuses on the mind/body connection of caregiving. Join us on a journey that explores physical and emotional presence and the impact it has on children and families.

6. Minds in the Making – Michelle Barnea, Early Childhood Consultant (Level I, II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Have you ever wondered how brain research is conducted and how this research plays a role in our daily practices with young children? Together we will view video clips and discuss how teachers can use these research findings to enhance their care of infants and toddlers.

7. On the Road Again - Cindy Sobel, M.S., Coordinator of Professional Development
Bergen County Office for Children (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum*

YES...Educators of Infants and Toddlers need a research based curriculum. WHY you ask? Because providing a high quality education is essential for every child's optimal growth, development and success.

8. Creating a Welcoming Environment for Infants, Toddlers, Families and Ourselves - Debbie Silver, Director of Professional Development, Child Care Resources of Rockland (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – *Environment*

Explore how infants, toddlers, families and staff are impacted by the program environment, the messages our environment sends and how the environment support children's explorations and development.

9. Health and Safety for Infants and Toddlers – Del Pickens Dover, Educational Consultant, D. Pickens Dover Associates (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety*

During this session we will share the New Jersey child care licensing regulations relating to health and safety. This workshop will help you reflect on the culture in your centers, encourage you to embrace a culture of safety, and help you develop strategies to create safe environments for the children.



Friday Afternoon Panel . . . 4:15 pm - 5:30 pm

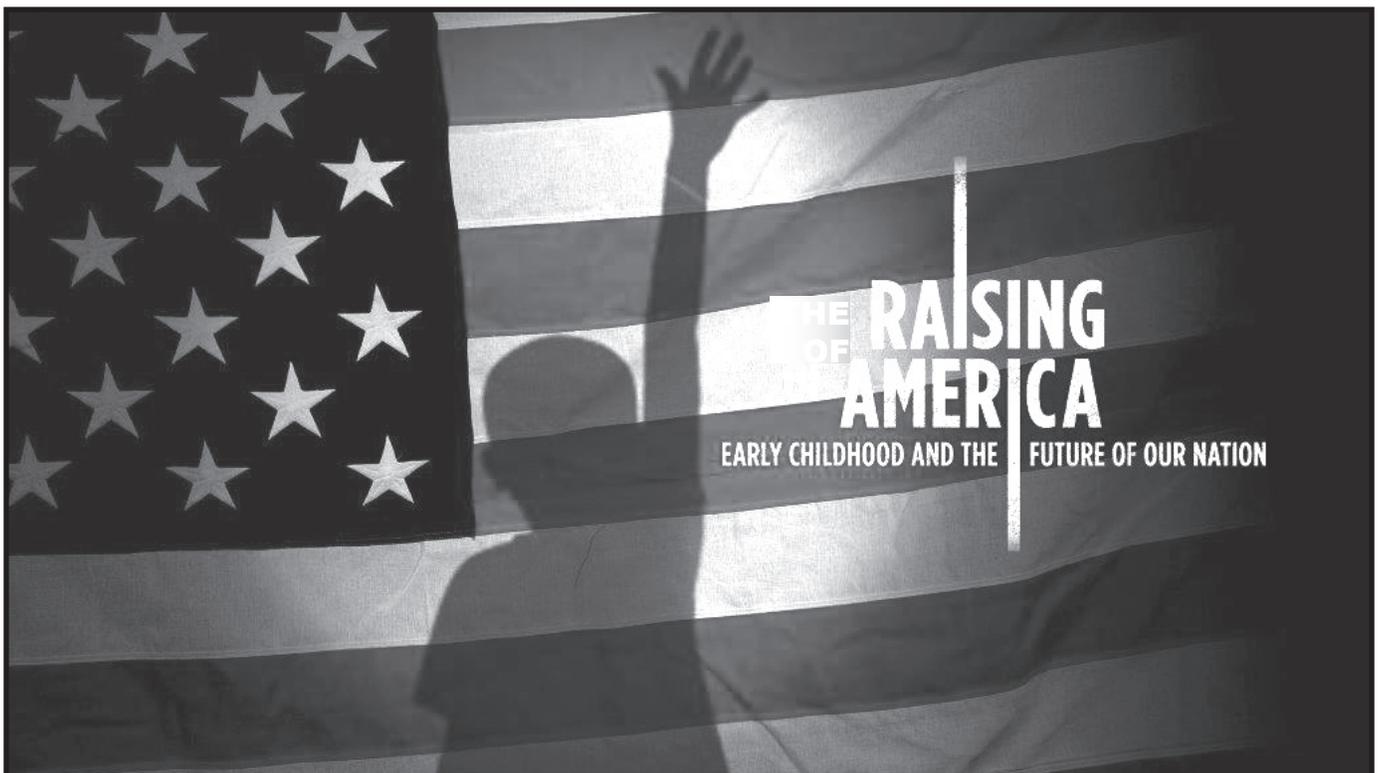
**Articulation and Career Pathways Panel for the Infant/Toddler Workforce – Dr. Arlene Martin, Facilitator, Executive Director, Professional Impact NJ (Level II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism***

This workshop offers a panel discussion on the benefits of the NJ Infant/Toddler Credential towards raising the bar for a quality workforce in the infant/toddler settings. Panel will consist of state representatives, directors, instructors and NJ Infant/Toddler Credential awardees.

Friday Evening Event . . . 6:00 pm - 7:00 pm

The Raising of America

This new documentary special explores how conditions faced by children and their families during infancy and the early years can literally alter the developing brain and affect a child's future success—in school and in life. Many families are struggling to provide the nurturing environment all young children need to thrive. How does the growing squeeze on parents—for time, for money and for resources—impact the future mental and physical well-being of their children? What are the consequences for the nation? And how might we do better?



1. What's in the suitcase? Helping children pack resilience for life's journey!

Rachel Sperry, MSW, Early Childhood Mental Health Specialist and National Trainer, Devereaux Center for Resilient Children (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social/Emotional Well Being*

We do the most important job on the planet! We help pack children's suitcases with all the essential skills and tools they will need and use on life's journey. Children take their early experiences and lessons with them for the rest of their lives. We can put protective factors in the suitcase by focusing on resilience. Resilience is the ability to bounce back from change and misfortune. Research tells us that resilience is increased when children have healthy initiative, self-regulation and attachments in their suitcase. When children are well packed, they also have few challenging behaviors. During this workshop you will learn more about resilience, protective factors and strategies for packing a suitcase. You will get a "packing list!"

2. Turn your conference inspiration into action! Practical steps to put your professional development into practice before and after you're back in the real world – Erin Murray – Learning and Leadership Consultant – ELM Consulting Co. (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

Conferences are filled with inspiring words, lofty ideas, and great plans. Then you say goodbye and go back to the real world of long days filled with overwhelming demands on your time and attention. Desired change gets put on the back burner. Not this time! During this highly interactive session you'll have the opportunity to sort through your ideas, set priorities, find resources, and insure accountability for action – all while having fun.

3. Story Plays for Very Young Children – Judith Engles Wiener, Interactive Storyteller, Ben Samuels Children's Center, Montclair State University (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum*

In this introduction to Interactive Storytelling, participants at all levels of experience will explore techniques to transform storytime from a "listening" activity into one that is multisensory, active, and participatory. Interactive Storytelling provides a multisensory bridge between language, play, and abstract thought and can be enjoyed by children of all abilities.

4. Babies Need to MOVE!! – Eleanor Campbell, PT – Ivy Rehab Physical Therapy (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

This workshop will explore the sequence of motor skill development in the first year of life. Participants will learn when and how babies need to move, how movement is related to learning and what consequences frequently occur when there is scarcity of movement (such as torticollis, flat head syndrome and developmental delay.) Use of baby equipment that inhibits movement will be discussed. You will learn practical ways to engage babies with enjoyable movement and play and how to adapt your care setting to foster their development.

5. Let's STEM it All Together – Carole O'Brien – Consultant Trainer, The Educator's Academy (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – Curriculum

Children are born motivated to explore, question, seek, and discover their world. For teachers, we have an opportunity to build on our student's natural inclination to explore the way the world works. A good science curriculum will include capturing, as well as creating, the science moments that occur throughout a child's day.

6. The FACT (Families and Communities Together) That Matters - Cindy Sobel, M.S., Coordinator of Professional Development Bergen County Office for Children (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – Family and Community

Family and community engagement is more than a current buzz phrase. It is a commitment to a shared responsibility that is central to the health, welfare and progress of every child as it strengthens families.

7. The Origins of Empathy: How Do We Form Infants and Children Who Care for and Love Others? Gerard Costa, PhD, Director and Senior Lecturer, Center for Autism and Early Childhood Mental Health. Montclair State University (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – Infant Mental Health: Social/Emotional Well Being

This workshop will examine the interpersonal encounters and experiences that help form the human infant in becoming a caring, loving and empathic human being. The interconnections among relationships, brain systems, social, emotional and intellectual development will be discussed. Ways of "knowing," "doing" and "being" will be seen as integral to human development, and participants will learn how all relationships - particularly in the home and in school - are essential in forming empathy.

8. If babies could speak they would say, "Please don't put me in that container" – Sereeta Cantres, The Cantres Center for Professional Development (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – Environment

Teachers will learn what a container is, the importance of limiting or not using them at all in the classroom and the importance of infants having the freedom to move and explore their environment.

9. Going for the Gold Standard: Examine six personal care routine practices your staff can provide beyond licensing requirements to increase your ITERS/FCCER quality rating. – Cynthia Soete, MEd, IMH-E®(IV) NJ First Steps Infant Toddler Specialist, Programs for Parents, Inc. (Level II, III)

NJ Infant/Toddler Credential Quality Key Indicator – Health and Safety

Participants in this session will explore ways to provide quality care for ITERS/FCCERS items, Greeting and Departing, Meals and Snacks, Nap, Diapering/toileting and Health and Safety Practices. Each registrant of this workshop will receive a board book that promotes safe sleep for infants.

1. Get to Know the ITERS - Susan Gellert, Quality Improvement Specialist, Bergen County Office for Children (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Environment*

The Infant/Toddler Environment Rating Scale (ITERS-R) is a comprehensive, reliable, and validated tool which is used in hundreds of programs nationwide to rate the quality of infant/toddler classrooms. It looks at organization of space, interactions, activities, schedule and provisions for parents and staff. This workshop will provide an overview of the tool and give participants practical ideas as to how the ITERS can be used to improve outcomes for infants, toddlers and the adults around them.

2. Promoting the Health and Safety of Young Children: An Important Priority! - Debbie Silver, Director of Professional Development, Child Care Resources of Rockland (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety*

Keeping infants and toddlers healthy and safe is a priority of a quality program. Discuss how you can promote safety and health (including nutrition) as you allow children opportunities to explore their environment.

3. “Daycare Mommy: Why we must have an emotionally attuned relationship with the infants in our care.” – Lindsay Pearson, Ed. M., Owner/Professional Development Specialist and Early Childhood Consultant, Early Learning Solutions, LLC (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social/Emotional Well Being*

This workshop is designed to inspire all infant caregivers and to help them understand the essential role they play as a secondary attachment figure for every infant in their care. We will explore Attachment Theory through the lens of affect attunement or emotional synchrony and by doing so, participants will understand how their emotional relationship with the infant allows the child to learn, develop trust and organize the world around them.

4. Picky Eating: The Evolution – Linda Simpson, Infant Teacher, Ben Samuels Children’s Center at Montclair State University; Sarah Drossman, Preschool Teaching Assistant, Ben Samuels Children’s Center at Montclair State University (Level II)

NJ Infant/Toddler Credential Quality Key Indicator – *Nutrition*

A workshop that aims to dispel some of the myths around picky eating and to offer insights into how we might just be able to help!!

5. To Be An Excellent Teacher – Rhonda Ciccone, NJI/TC, New Jersey First Steps Infant Toddler Specialist, Central Region, Community Coordinated Child Care – Union (Level I)

NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

What does it take to be an excellent teacher? This workshop will explore many attributes of a quality teacher as defined by Developmentally Appropriate Practice. From the importance of daily decision making, observations, meaningful conversations and scaffolding. DAP provides translation on how to implement numerous components of developmentally appropriate practice. We will connect best practices with practical, purposeful planning, relationships and reflection.

**6. Early Literacy: An Outcome of Responsive, High Quality Child Care – Melissa Krieger, MEd., Professor, Bergen Community College (Level III)
NJ Infant/Toddler Credential Quality Key Indicator – Curriculum**

In this workshop, we will examine how high quality child care naturally leads to the development of early literacy skills. We will actively explore how consistent and responsive caregiving and the fostering of positive social and emotional skills contribute to the development of pre-reading skills.

**7. Talk to Me, Baby! – Alicia Jenks. NJ First Steps Infant Toddler Specialist; Community Coordinated Childcare of Union County (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – Child Development**

Participants will become aware of developmentally appropriate communication with infants and toddlers and strategies to enhance the language development of children in their care. The content of this workshop will include information from the NJ Birth to Three Early Learning Standards, the ITERS-R, and The Program for Infant Toddler Caregivers.

**8. Fostering Resilience in Infants, Toddlers and Families – Samantha R. D’Auria, MS MSW LCSW, Clinical Social Worker, Private Practice and Fort Lee Board of Education (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – Infant Mental Health: Social/Emotional Well Being**

This training will review the tenants of resilience and how this is developed in children and families. We will look at resilience through a developmental and attachment lens, focusing on social emotional development and the parent child dyad as the locus of change and strength.

**9. Family Celebrations in Toddler Classrooms – Carolyn E. Tebbetts, Teacher, Ben Samuels Children’s Center at Montclair State University (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – Family and Community**

This workshop will give you ideas for partnering with families to plan and share appropriate celebrations, activities, and family interests in inclusive toddler classrooms.



HOTEL INFORMATION

RESERVATIONS MUST BE MADE BY MARCH 1, 2016

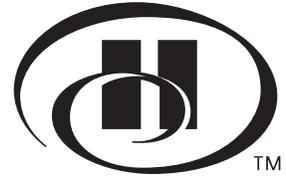
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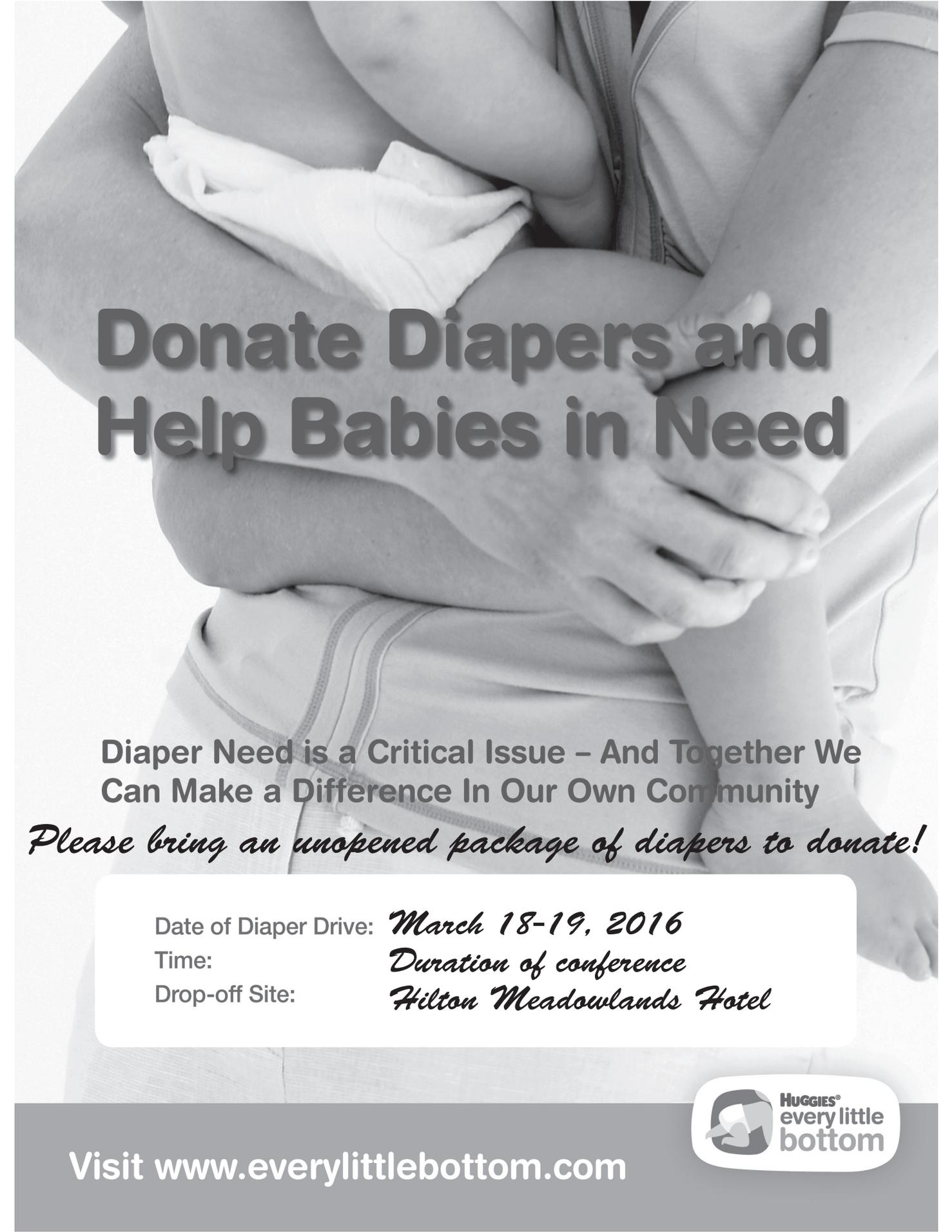
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DINING & AMENITIES

- The Chairman's Grill and The Lounge
- Stay Connected (located on the lobby level) offering complimentary High Speed Internet access
- In Room Dining from 6 am to 11 pm
- Complimentary Shuttle Service to Harmon Meadow Secaucus Outlets, Mill Creek Mall, The Plaza at the Meadows and Secaucus Junction Train Station (direct 12 minute train to NYC) *Shuttle based on availability as it is First Come, First Serve. For pick up call the hotel: 201-896-0500
- Hilton Fitness Center includes: Cardiovascular Equipment & Training Equipment with 24 hour access, Indoor Heated Pool from 5 am to 12 am.
- Full Service Gift Shop





Donate Diapers and Help Babies in Need

Diaper Need is a Critical Issue – And Together We Can Make a Difference In Our Own Community

Please bring an unopened package of diapers to donate!

Date of Diaper Drive: *March 18-19, 2016*
Time: *Duration of conference*
Drop-off Site: *Hilton Meadowlands Hotel*

Visit www.everylittlebottom.com



CITE 31ST ANNUAL CONFERENCE

Registration Form

For on-line registration and payment go to www.njcite.org

Name _____

Address _____ City _____

State _____ Zip _____ County _____ Work Title _____

Employer Name & Address _____

Day Phone _____ Evening Phone _____

E-Mail Address _____

Please Check Chapter:

_____ **Northwest** (Morris, Hunterdon, Sussex, Warren)

_____ **Northeast** (Bergen, Hudson, Passaic)

_____ **University** (Somerset, Middlesex, Union, Essex, Mercer, Monmouth, Ocean)

_____ **Southern** (Atlantic, Cape May, Gloucester, Salem, Cumberland, Camden, Burlington)

Friday 3/18/16

Director's Track **OR**

Morning Session: 10:30 am - 12:30 pm

First Choice _____ Second Choice _____ Third Choice _____

Afternoon Session: 2:00 pm - 4:00 pm

First Choice _____ Second Choice _____ Third Choice _____

FRIDAY AFTERNOON and EVENING EVENTS: (Please check) All are included in your conference fee!

4:15 pm - 5:30 pm - **Panel Discussion**

6:00 pm - 7:00 pm - **Screening of *The Raising of America***

Saturday 3/19/16

Director's Track **OR**

Morning Session: 10:30 am - 12:30 pm

First Choice _____ Second Choice _____ Third Choice _____

Afternoon Session: 2:00 pm - 4:00 pm

First Choice _____ Second Choice _____ Third Choice _____

MEAL PREFERENCE:

FRIDAY: Vegetarian OR Chicken

SATURDAY: Vegetarian OR Chicken

CONFERENCE FEES ARE NOT REFUNDABLE - NO EXCEPTIONS

Early Bird - must be postmarked by March 1st
\$130 for 1 day, \$210 for 2 days

Postmarked after March 1st
\$165 for 1 day, \$245 for 2 days

Register early, sessions fill up quickly!
Return this form with the Registration fee by **March 1st** to:
CITE, PO Box 1015 • Barnegat Light, NJ 08006
Please make checks payable to: CITE

Can't attend the Conference but want to become a member?

Please complete the following information and mail it along with the \$30.00 membership fee to:

Coalition of Infant/Toddler Educators (CITE)
PO Box 1015
Barnegat Light, NJ 08006

Name _____

Address _____

_____ County _____

Employer Name & Address _____

Job Title _____ E-mail _____

Day Phone _____ Evening Phone _____

Please check Chapter:

_____ Northwest (Morris, Hunterdon, Sussex, Warren)

_____ Northeast (Bergen, Hudson, Passaic)

_____ University (Somerset, Middlesex, Union, Essex, Mercer, Monmouth, Ocean)

_____ Southern (Atlantic, Cape May, Gloucester, Salem, Cumberland, Camden, Burlington)

PLEASE HELP!

Please consider making a donation to CITE!

It is individual donations such as yours that help us complete our mission *to promote quality infant and toddler care and education by building collaborations, providing professional development opportunities, support and resources, and by influencing public policy.* We are a tax-exempt organization and your donation qualifies as a tax deduction. **THANK YOU!**

Name _____

Address _____

E-mail _____ Amount _____

Please mail your donation to CITE, PO Box 1015, Barnegat Light, NJ 08006



**EXERCISE YOUR RIGHT AS A CITE MEMBER
TO VOTE FOR YOUR STATE BOARD
REPRESENTATION AT THE 31ST ANNUAL
CITE CONFERENCE**

Go to the CITE website at www.njcite.org after 2/18/16
to find the 2016-2017 Slate of Officers.

New Board members are always welcome!

Consider becoming a CITE State or Chapter Board
Member, visit the CITE Information table in the
Exhibitor's Hall at the CITE 31st Annual Conference for
more information.

Nominations will be accepted from the floor before the
vote on 3/18/16.

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May 20, 2016



Health in Child Care
Conference
Hilton Meadowlands

May 26, 2016

Aletha R. Wright
Luncheon & Symposium
Mercer Oaks Country Club
Princeton Junction