



New Jersey Celebrates Infants and Toddlers



CITE

Coalition of Infant/Toddler Educators

28th Annual Conference

March 1-2, 2013

**Woodbridge Renaissance Hotel
Iselin, NJ**

**New
Location!**



Conference Coordinator:
Helen Muscato

732-329-0033 or HelenMuscato@verizon.net

Coalition of Infant/Toddler Educators (CITE)

Coalition of Infant/Toddler Educators
28th Annual Conference
“New Jersey Celebrates Infants and Toddlers”

The Coalition of Infant/Toddler Educators (CITE) is an all-volunteer, non-profit organization that was founded in 1985 to support the emerging need for professional development and support of infant/toddler teachers and administrators who provide infant/toddler programs. Our vision is that high quality early care and education is available to every infant and toddler in the state through a coordinated system of early childhood and family support programs that offer healthy, social/emotional learning environments and educated, responsive caregivers.

2012 was a very exciting year for CITE for several reasons: 1) some half-dozen members (and one of CITE's advisory board members, Arlene Martin) were active participants in the development of the New Jersey Council for Young Children's *New Jersey Birth to Three Early Learning Standards*, the state's first guidelines for programs serving infants and toddlers and their families; 2) the number of those holding the New Jersey Infant/Toddler Credential increased to 90 (we are excited that the 100th credential will be awarded in 2013!); and 3) board member participation on the New Jersey Council for Young Children's Infancy and Early Childhood Mental Health Committee (led by a CITE advisory board member, Gerry Costa).

2013 promises to be even busier for CITE! The publication of the New Jersey Birth to Three Early Learning Standards; the anticipated pilot of Grow NJ, the Quality Rating and Improvement System; and the expected introduction of infant mental health competency guidelines through the work of the New Jersey Council for Young Children's Infancy and Early Childhood Mental Health Committee will necessitate CITE's continuing involvement in this environment of expanding infant/toddler professional development demands as we seek to incorporate all of these advancements into the requirements of the New Jersey Infant/Toddler Credential.

CITE offers professional development through our annual conference by bringing together the best minds and talent in early care and education - with an emphasis on infant and toddler development and learning activities - from all over the country. Your attendance at the conference will give you the opportunity to learn from these experts and earn up to 12 hours of professional development. In addition, you will get to network with state and local leaders, with your peers in center-based and family child care settings, and with others working in the field of early child care and education.

We invite you to join us at the conference to learn about what's new and to be a part of this exciting event!

Terri Buccarelli, President



*CITE celebrates those dedicated teachers who have earned their
NEW JERSEY INFANT/TODDLER
CREDENTIAL!*

Learn what this exciting initiative can mean for you and how **YOU** can earn the Credential.

Visit the CITE table in the Exhibitors Hall for details.

How To Get The Most Out Of Your Conference...

CITE plans its conference to provide you with workshops, activities, entertainment, and exhibits that will enrich your professional life. To help you maximize your conference experience, we would like to suggest the following:

- ☆ Allow enough time for traffic.
- ☆ Dress in layers, as room temperatures may fluctuate.
- ☆ Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive, especially during large group sessions. *Please turn off your cell phones!*
- ☆ Make sure you register early for your first choice workshops. All workshop allocations are made on a first-come, first-served basis. Room capacities are limited due to fire regulations and you must attend the workshops reflected on your name tag.
- ☆ **Be sure to visit our vendors in the Exhibit Hall and network with colleagues**

New This Year . . .

- ☆ *Conference location*
- ☆ *Workshops*
- ☆ *Presenters*
- ☆ *Special Honor for a New Jersey Infant/Toddler Credential Recipient*
- ☆ *Visit the Room of Requirement!*
Come explore the on-site infant and toddler care room that meets licensing standards. Admittance will be limited.

Conference Schedule . . . Friday and Saturday

Registration, Breakfast, and Exhibits:	7:30 am	- 8:30 am
Welcome & Keynote:	8:30 am	- 10:00 am
Book Signing / Exhibits:	10:00 am	- 10:45 am
Morning Sessions:	10:45 am	- 12:30 pm
Lunch / Exhibits	12:30 pm	- 2:00 pm
Afternoon Sessions	2:00 pm	- 3:45 pm

Friday Evening Activities:

Zumba	4:00 pm	- 5:00 pm
NJ Birth to Three Early Learning Standards	4:00 pm	- 5:45 pm
CITE celebrates those who have earned the NJ Infant/Toddler Credential - these caregivers and a friend will have special access to the Room of Requirement	4:00 pm	- 5:00 pm

Friday Keynote Speaker - Gerard Costa, Ph.D.

8:30 am - 10:00 am



Dr. Costa was the founding director of the *YCS Institute for Infant and Preschool Mental Health*, a training and consultation, clinical service and research program concerned with the optimal development of infants and children, birth to six years, within the context of their relationships. In September 2011, he became the founding director of the newly established, *Center for Autism and Early Childhood Mental Health* in the College of Education and Human Services at Montclair State University. The new Center is dedicated to clinical services and professional development in the areas of autism and infant/child/parent mental health. Among the services planned are a community clinic for infants, children and families, two professional certificate programs, training and consultation services for infant, child and school-based programs and a professional training program for clergy in infant/child and family development.

Dr. Costa is a Clinical Assistant Professor in the Department of Psychiatry at the University of Medicine and Dentistry of New Jersey (UMDNJ) – New Jersey Medical School and as a member of Board of Directors, DIR and Graduate School faculty of ICDL (Interdisciplinary Council on Developmental and Learning Disorders). He serves as a consultant to ZERO TO THREE, and was involved in projects in Early Head Start, responses to Hurricanes Katrina and Rita and now serves on military projects with ZTT. He currently serves on several non-profit Boards including the New Jersey Child Assault Prevention Advisory Board and the Gateway-Northwest Maternal Child Health Consortium, and serves on the BUILD NJ Committee, addressing public-private initiatives for early learning, birth to five years of age.

Dr. Costa received his Ph.D. in Developmental Psychology from Temple University and as head of the YCS Institute, he led a 4-year Infant and Early Childhood Mental Health systems development project in partnership with Child Development Services of Wyoming and the Wyoming Developmental Disabilities Division. He is a former Head Start Director and has worked in early intervention programs since 1984. In October 2007, Dr. Costa was awarded the *Christian Kjeldsen Champion for Children Award* by the *Child Care Advisory Council of the Department of Human Services* of the State of New Jersey. In January, 2010, Governor Jon Corzine appointed Dr. Costa as one of 25 representatives and experts to the newly established New Jersey Council for Young Children, an early learning council addressing birth to 5 year olds, federally mandated for all 50 states. In June 2010, the *Mental Health Association in New Jersey* awarded a *Golden Bell Leadership Award* to Dr. Costa for his vision in creating the YCS Institute for Infant and Preschool Mental Health. He is the author of articles and book chapters on autism and infant mental health and has presented throughout the United States.

KEYNOTE ADDRESS:

The Hand that Rocks the Cradle Rules the World: Linking Infant Mental Health to Global Peace

What are the human qualities that engender empathy, the capacity to see the diverse world through another's perspective, to develop the emotional capacities that underlie reflectivity, controlling of aggression, resolving conflicts peacefully, and that lead us to enter adulthood and aging with a sense of moral interdependence and wisdom? This presentation will attempt to link what we know about psychological and neurological development, to lead us to a better understanding of what infants and children need in the first years of life to set the foundations for peaceful lives, as individuals, families, groups and as a society.

Saturday Keynote Speaker - Betty Ann Ablon

8:30 am - 10:00 am



Betty Ann Ablon has a Master's Degree from Columbia University in Social Work which has allowed her to pursue her life long passion – working with children and families. “How fortunate I am,” she says, “to be teaching, training and writing about infants and toddlers at a time when we know more about their development than we have ever known before.”

In the 1990s she accepted the position of Vice President of Core Knowledge and Technology in a multi-service child care program in Dallas called “The Child Care Group.” That move changed the trajectory of her professional life and allowed her to discover the incredibly challenging and fulfilling work that now dominates her career.

“That position,” she says, “brought me wonderful new learning opportunities, introducing me to the rich, remarkable new research concerning the emotional life of infants and toddlers”. It also fit perfectly with the Child Care Group's unique program called Relationship Centered Child Care. The exciting new discoveries in brain development, attachment and temperament fueled my appetite for new learning and also increased my desire to share that learning with the people who needed this new knowledge the most: child care caregivers, providers and teachers. Both the sharing of that information and how to share it became and still is, my true passion.”

“This work I do has allowed me to deepen my understanding of the critical importance of relationship to all human beings. From birth, we are wired to connect”. This desire to connect has been incorporated into all the work Ablon does as a teacher, trainer, supervisor and author.

It is an undisputed given that infants and toddlers learn only in the context of relationship. Ablon believes that for all of us, relationships are the conduit for learning.

“I am extremely grateful for the people who have been so much a part of my learning. These include my colleagues at the Texas Association for Infant Mental Health and the many caregivers and home visitors who have taught me so much at the trainings I have done both in Texas and in New York where I have been privileged to teach and to train at Bank Street's Infancy Institute.”

Currently, Ablon is a published author, nationally recognized teacher/trainer and a reflective practice “supervisor” and practitioner. She is endorsed as an Infant Mental Health Mentor at level four, Texas Association for Infant Mental Health's highest level.

KEYNOTE ADDRESS:

Take Care of Our Children and Their Families, Taking Care of Ourselves: What's the Connection?

Budget cuts, school shootings, difficult economic times are just a few of the challenges we face in our every day work with children and families. These issues and more impact on children and families and on ourselves, increasing the level of stress we all experience in our daily lives. Important new research on brain development, attachment and regulation has led to some suggested practices that can be readily incorporated into our work with children and families and can also provide benefits to us, as well, as we work to provide optimum, quality care.

Conference 2013 Terms & Fees...

Early bird registration must be postmarked by February 8, 2013. Registrations postmarked after February 8th will be returned and must be resubmitted with the increased amount.

Payments must be made by check or money order. Vouchers and purchase orders will not be accepted. Returned checks will be charged a \$35.00 fee.

Refund Policy - Conference Fees are **NOT REFUNDABLE** - No Exceptions
NO CONFIRMATION WILL BE SENT.

Conference Fees Include...

- Keynote speakers, breakfast, lunch, workshops, exhibits, and Friday afternoon activities **and A ONE YEAR MEMBERSHIP TO CITE.**



Clock hours will be provided - CITE Provider Registration Number 6773
Earn up to 12 hours of professional development!

CITE Membership benefits...

As a CITE member, you help us support our goals while you open new opportunities for your own training and professional development.

- Free workshops near you
- Support of other early childhood professionals
- Opportunities for professional and personal growth
- Access to the Barbara Shaw Memorial Library
- Voting rights in CITE elections to help shape the future of the infant/toddler profession in New Jersey
- Access to the most current articles and events in the infant/toddler field through our website, Facebook page and Twitter feed.
- Membership to CITE local Chapters
- Membership meets CDA and NJ Infant/Toddler Credential requirements

Funding provided by the New Jersey First Steps
Infant/Toddler Initiative through Programs for Parents, Inc.,
Community Coordinated Child Care of Union County and
EIRC - Southern Regional Child Care Resource Center.



New Jersey First Steps

A State-wide Infant Toddler Initiative

Thank you to CITE Founder, June Moss Handler and Terri Buccarelli, CITE President, who continue to generously support CITE.

A generous donation has been made in the memory of Billee R. Kiley.

CONFERENCE COMMITTEE

Lorri Sullivan (Co-Chair)
Michelle Barnea
Beth Gardiner

Cathie Chmielewski (Co-Chair)
Terri Buccarelli
Valeria Erdosi-Mehaffey
Jennifer Santana

In an effort to cover all the interests of our attendees we have addressed the following NJ Infant/Toddler Credential Quality Key Indicators:

- Infant Mental Health: Social/Emotional Well Being •**
- Child Development • Curriculum • Environment •**
- Family and Community • Health and Safety •**
- Nutrition • Professionalism**

We have also listed the competency level of each of the presentations. The NJ Infant/Toddler Credential Key Indicator of Quality for each workshop is listed after the workshop title and presenter.

• Level I

Individuals at this level are at the first step in the commitment to a career in early care and education; they contribute to and assure the maintenance of a safe and nurturing environment in which young children learn and develop; they learn about children and families through participation in professional development activities; they receive ongoing supervision from someone at a higher level.

• Level II

Individuals at this level consistently exhibit practices grounded in theories of growth, development, and learning; they work cooperatively with others, establish good mentoring relationships, and sometimes provide direct supervision; they have participated in formal study leading to a degree and/or certificate and have refined their knowledge through guided and reflective experiences with young children and families.

• Level III

Individuals at this level have extensive academic preparation and experience in the field; they can be responsible for mentoring those at Level I and II; they possess the ability to provide new resources in the development of theory and innovative practice; they demonstrate a mastery of developmentally appropriate practices which allow them to mentor peers as well as persons at other levels.

Friday - Director's Track

Presenters: Cynthia Soete, NJ First Steps Infant Toddler Specialist - Programs for Parents, Inc.; Mary Lou Allen, NJ First Steps, Infant Toddler Specialist, Consultant to Programs for Parents, Inc.

AM Session - 10:30* am - 12:30 pm

Lunch/Exhibitors - 12:30 pm - 2:00 pm

PM Session - 2:00 pm - 4:00 pm

Caring with Excellence - Building an ITERS "7" Care Room from Floor Plan to Reality

Join us in our NJ First Steps Room of Requirement, partnering with CITE vendors as they supply the essential materials. Directors and caregivers are invited to build a quality environment right on site. Participants will explore the elements of quality that must be present in an infant toddler care environment in order to obtain an Infant Toddler Environment Rating Scale (ITERS) score of "7" or "Excellent". The morning session will be devoted to space and furnishings and room arrangement. The afternoon session will be devoted to choosing developmentally appropriate materials, accessibility and activities. Participants should plan to join both "hands-on" sessions.

Saturday - Director's Track

Presenter: Betty Ablon, Early Childhood Consultant

AM Session - 10:30* am - 12:30 pm

Lunch/Exhibitors - 12:30 pm - 2:00 pm

PM Session - 2:00 pm - 4:00 pm

Looking At Quality Care Through the Lens of the Emotional Development of Young Children

How understanding and embedding the new research on brain development, attachment, temperament and separation into your center's program can help you manage some of the challenges every director faces: achieving quality care, building positive relationships with parents, staff retention, creating an optimum learning environment for children and for staff.

***Note:** Earlier start time for Director's Track.



Friday Morning...

10:45 am - 12:30 pm

1. May I Have Your Attention Please? Complexities and connections about attention giving or withholding - Tamar Jacobson, Chair, Department of Teacher Education, Rider University (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

How many times have we heard teachers say: “Oh she/he is just doing it for attention.” “Attention-getting” is a complex issue in our work with young children. We explore how to accept children’s need for attention while becoming aware of how we developed ways of seeking it ourselves.

2. Helping Toddlers Stress Less with a Heart in Their Pocket or a Tee on Their Tummy - Shawn Dyer, FCC Provider; Elmorita Thomas, Director, SRCCRC/EIRC (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social and Emotional Well Being*

Learn strategies to meet the needs of toddlers and their families who have suffered loss through some kind of tragedy. This session will discuss and illustrate how caregivers can support resilience in young children and within their families.

3. Sensory Play for Infants & Toddlers - Joan Messeroll, Education Coordinator, Dow Jones Family Center; Stacey Nagy, Assistant Director, Skillman Child Development Center (Level I)

NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum*

This is a hands-on workshop for beginners to understand how children learn through their senses. Participants should be prepared to get messy!

4. What Infant and Toddler Professionals Need to Know about the New Jersey Early Intervention System - Susan Evans, Ed.D. – Results Accountability Coordinator/Autism Specialist – NJ Department of Health/NJ Early Intervention System (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

This workshop is intended for participants at all levels who are looking to understand the NJ Early Intervention System and the services available to eligible infants and toddlers with delays and disabilities. The service delivery model, family cost participation rules and basic system structure will be covered.

5. The Role of Meaningful Experiences in Supporting Early Language & Literacy - Pat Wallace, NJ First Steps Infant Toddler Specialist, SRCCRC, NJ First Steps I/T Initiative Southern Region (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Early language experiences are key to supporting the development of a strong language and literacy foundation. This session will demonstrate how meaningful experiences have a lasting effect on our infants and toddlers, and the importance of our caregiving roles in this developing process.



Friday Morning...

10:45 am - 12:30 pm

6. Creating a Seasonal Nutritional Curriculum - Allison O'Brien, President, The Garden State Community Kitchen (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Nutrition*

NJ is the Garden State offering caregivers so many opportunities to connect children to nutrition through seasonal produce using fun educational lessons. This interactive workshop will present a seasonal curriculum filled with fun activities that includes recipes children can share with their families, connecting the home to the school curriculum. Understanding how to create a healthy menu plan and strategies on how to introduce nutrition concepts to toddlers will be shared.

7. It's All About Relationships! The Importance of Developing Family-Teacher Partnerships - Debbie Silver, Director of Professional Development, Child Care Resources of Rockland (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – *Family and Community*

We know how important it is to develop relationships with the infants and toddlers in our care. It is equally important to develop relationships with their families; after all, they are our partners in the care of the children. This workshop will explore developing partnerships with families including more actively considering the family's point of view, effective communication strategies and creating a more family friendly program.

8. What's New in Licensing - Staff from the Office of Licensing (Level III)

NJ Infant/Toddler Credential Quality Key Indicator – *Environment*

Staff from the Department of Children and Families, Office of Licensing will present the most current information regarding regulations for child care centers.

9. ¡Ven a jugar conmigo! Come play with me! - Presented in Spanish - Georgina Criado Hall, Professional Impact NJ (Level I)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

En este taller interactivo, los participantes obtendrán conocimientos sobre cómo los niños aprenden a través del juego.

In this interactive workshop, participants will gain knowledge on how children learn through play.



Friday Afternoon...

2:00 pm - 3:45 pm

1. Meet Abuela - Betty Ablon, Early Childhood Consultant (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – *Family and Community*

Abuela is an older Hispanic grandmother who knows a great deal about living and working with young children. She is a tool for home visitors and parent educators who want to introduce a variety of different subjects to parents. Toilet training, the importance of talking to babies to encourage language development, domestic violence, the importance of nurturing care to healthy development - these and a lot more are discussed in her warm, interesting, easy to digest vignettes which are followed by a discussion summary and discussion tips. She is a new and effective approach to engaging parents in important but sometimes difficult discussions.

2. The Power of Professionalism - Renee Abdullah, Early Education Professional Development Specialist, Programs for Parents, Inc. (Level II)
NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism*

This workshop explores early childhood education as a profession and the etiquette of professionalism. Participants gain new ways of “talking the talk and walking the walk” of an early childhood educator.

3. The Scientist in Your Cupboard - Carole O'Brien, Owner, The Educator's Academy (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum*

Infants love to play and explore the world around them. You can help introduce baby to the larger world by using science concepts while increasing their gross motor development through song and rhyme. Toddlers are naturally curious; you can create a science curriculum fitting for their age level and your budget by looking no further than your cupboard. This workshop includes strategies and interactive activities.

4. Cognitive Development Through Play - Rhonda Ciccone, NJ First Steps Infant Toddler Specialist, Community Coordinated Child Care of Union County (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Participants will gain a greater understanding of how infants' and toddlers' cognitive development is enriched through quality play. Examples of activities, handouts and resources will enable teachers to enhance play experiences in their classrooms.

5. Early Education and Early Intervention: Bridging the Gap - Ann Breakey, Child Development Specialist, Archway Programs, Step by Step Early Intervention (Level II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

This workshop presents the Individuals with Disabilities Education Act (IDEA) and the role that child care professionals can play for children with developmental delays. Experienced professionals will learn about referrals to Early Intervention (EI), evaluation and eligibility for services, and how best to incorporate EI services into your infant/toddler environment.

Friday Afternoon...

2:00 pm - 3:45 pm

**6. Sunny Sides Yoga For Infants and Toddlers - Robin Sweeny, Rainbow Kids Yoga Specialist, Center for Family Resources; Kaitlyn Sweeny, Rainbow Kids Yoga Specialist (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – *Child Development***

Children's yoga provides the tools to develop self-awareness and enhance the physical, mental, and emotional health and well-being of infants and toddlers. This non-competitive movement provides opportunity for new language and creative freedom.

**7. Eat, Sleep, Change Diaper...Repeat! Safe, Healthy & Important Routines for Infants and Toddlers - Maggie Fuller, NJ First Steps Infant Toddler Specialist, SRCCRC/EIRC; Annette Perez, NJ First Steps Infant Toddler Specialist, SRCCRC/EIRC (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety; Environment***

Routines provide important times of interaction for both providers and children. This training will allow providers to practice and improve basic routines to keep infants and toddlers safe and healthy. Sudden Unexpected Infant Death (SUIDS) will also be discussed during the training.

**8. Legal Aspects of Recruiting, Interviewing, Hiring and Terminating - Dawn K. Martini, HR/Child Care Specialist, Ronald V. McGuckin & Associates (Level III)
NJ Infant/Toddler Credential Quality Key Indicator – *Professionalism***

Most organizations invest a significant amount of time and money searching for employees. Therefore, it makes sense to be prepared to recruit and select the best possible candidates. This workshop will help you avoid the pitfalls resulting in legal dilemmas and hiring the wrong candidate. We will discuss relevant legal concepts including "at-will" employment and discrimination. We will also look at the documentation recommended at all stages of the employment relationship.

**9. ¿ Bailamos? Can we dance? - Presented in Spanish - Georgina Criado Hall, Professional Impact NJ (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – *Curriculum***

En este taller lleno de diversión proveerá a los participantes con ideas cómo incorporar la música en sus actividades cotidianas.



Friday Afternoon & Evening Activities...

4:00 pm - 5:00 pm

Zumba® - Kerri Clark

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie burning dance fitness-party™ that's moving millions of people toward joy and health.

4:00 pm - 5:45 pm

New Jersey Birth to Three Early Learning Standards

Come to this session and be among the first infant/toddler professionals to experience the user-friendly *New Jersey Birth to Three Early Learning Standards*, soon to be published by the New Jersey Council for Young Children. The *Standards*, the state's first guidelines for programs serving infants and toddlers and their families, provide a common framework for understanding and communicating developmentally appropriate expectations for infants and toddlers. Advance copies will be available for review.

4:00 pm - 5:00 pm

Come explore the on-site infant and toddler care room that meets licensing standards. CITE celebrates those who have earned the NJ Infant/Toddler Credential. These caregivers and a friend will have priority access to the Room of Requirement. Attendance for other attendees will be limited.



Saturday Morning...

10:45 am - 12:30 pm

This fun-filled workshop will provide participants with ideas on how to incorporate music in their everyday activities.

1. One, Two, Buckle My Shoe – Early Math for Infants and Toddlers - Beth Kimber, NJ First Steps Infant/Toddler Specialist, Community Coordinated Child Care of Union County; Jessica Olivera, NJ First Steps Infant/Toddler Specialist, Community Coordinated Child Care of Union County (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – Curriculum

The experiences and materials you provide for infants, toddlers and twos can help them begin to discover mathematical relationships. This workshop will identify the building blocks for understanding math and present strategies and hands-on experiences for including early math concepts into the curriculum.

2. Making Sense of Brain Research: What Does It Really Tell Us about Infant/Toddler Care? - Sandy Sheard, Sandra Sheard Consulting LLC; JoAnne Palmer, A Place to Grow Preschool (Level II)
NJ Infant/Toddler Credential Quality Key Indicator – Child Development

This workshop will provide the infant/toddler educator with the latest information about brain research and how it will help the educator better meet the needs of infant/toddlers. We will learn how early experiences affect the growth and development of the brain, including negative factors such as the three types of stress and how to recognize them. This workshop also focuses on the importance of social relationships to learning and uses practical program elements to create good learning and growth opportunities for infants and toddlers.

3. Improving Policy and Practice to Support Infants and Toddlers from Different Language and Cultural Backgrounds – Stories from the Field - Valeria Erdosi-Mehaffey, Executive Director, The King's Daughters Day School; Karen Nemeth, Founder/Lead Consultant, Language Castle LLC (Level I, II, III)
NJ Infant/Toddler Credential Quality Key Indicator – Environment, Family and Community

Infants and toddlers need developmentally appropriate support of their home language and culture while also learning English. Join this discussion for entering, practicing and leading educators about preparing the environment, supporting teachers and working with families of infants/toddlers who are dual language learners.

4. Promoting Social/Emotional Development Through Communication, Fairness and Understanding Between Educators and Parents of Different Culture/Subcultures - Aileen Torres, Ph.D. Clinical Psychologist, YCS Institute for Infant and Preschool Mental Health; Ayana DaSilva, LCSW, YCS Dr. Helen May Strauss Clinic (Level II)
NJ Infant/Toddler Credential Quality Key Indicator – Infant Mental Health: Social/Emotional Well Being

This workshop will provide research on cultural differences in developmental expectations, data on miscommunication between systems, as well as research on the impact this could have on social-emotional development. The second part of the presentation will focus on concrete examples of mutual respect, improved communication, collaboration and reciprocity between educators and

Saturday Morning...

children's families.

10:45 am - 12:30 pm

5. NJ Parent Link: Linking Parents and Professionals to New Jersey's Early Childhood Services and Resources - Jamie Anderson, NJ ECCS Coordinator, NJ Parent Link Administrator (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Family and Community*

This will be a fun, interactive tutorial on the use of NJ Parent Link, a web-based resource for parents and early childhood professionals. NJ's early childhood health, development, early learning, parenting and family support services and resources will be presented, particularly focusing on professionals working with infants and toddlers. Community building activities and an overview of the NJ Parent Link initiative for improvements in early childhood systems, networking and communications will also be discussed.

6. Training the New Kid on the Block to Care with Excellence - Part I – A Train the Trainer Event for Directors. - Maureen Greiner, NJ First Steps Infant Toddler Specialist Consultant to Programs for Parents, Inc. (Level II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety*

When you hire new staff you need them in the care room on day one. Often they learn as they go and learn other's mistakes along the way. This session will provide the tools for directors to give a supportive orientation to meet and exceed licensing standards. ITTERS-quality standards for hand washing, diapering, and all personal care routines will be demonstrated and practiced. Take home an orientation kit for your staff. We will offer videotaping of these am and pm workshops for participants to take home a training video for their site.

7. IN PLAY – An inclusive approach to movement development - Matthew Schinelli, M.Ed., Founder – www.NJAPE.org – New Jersey All People Equal (Level III)

NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

The focus of this presentation will highlight effective methods of creating inclusive movement development experiences for toddlers. It will address an inclusive perspective on how to assess, instruct, and plan gross movement learning opportunities.

8. Mourning Children: Grief Patterns in Infants and Toddlers - Stella Osemwegie, PhD, LPC, ACS, BCPC – Director, In-Community Services, Youth Consultation Services (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – *Infant Mental Health: Social and Emotional Well Being*

Small and big losses have an impact on infants and toddlers. This workshop will explore the grieving patterns of very young children and how caregivers can "hold" them physically and emotionally.

9. Salud y Seguridad: Estableciendo las bases para programas de calidad para bebés (infantes)/niños pequeños - Adela Cazorla, Early Head Start Teacher, Center for Family Resources (Level I)

NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety*

Los infantes y niños pequeños que estan en guarderia necesitan ambientes saludables y seguros para explorar y aprender. Este taller explorará muchos aspectos relacionados a la salud y la seguridad, incluyendo listas de control semanales, comunicación diaria, el medio ambiente (incluido el salon de clases y los espacios exteriores), mantenimiento de registros, medicamentos, y muchos otros factores que contribuyen a crear un programa de calidad para infantes/niños pequeños.

Saturday Afternoon...

2:00 pm - 3:45 pm

1. Challenge or Strength? Caring for Infants and Toddlers in Mixed-Age Groups - Suzanne Williamson, M.A., Executive Director, Monday Morning, Inc. (Level II)
NJ Infant/Toddler Credential Quality Key Indicator – *Family and Community*

This session will examine the strengths and challenges of working with infants and toddlers in mixed-age groups in family child care and how the important benefits of mixed-age groups can be met in center-based programs. Experienced family child care providers, teaching staff and administrators will be active participants as we review relationship-based care, cultural connections, the playing/learning environment, and building partnerships with families.

2. All I Need to Know About Infants/Toddlers with Special Needs - Denise Bouyer, Project Director, Statewide Parent Advocacy Network (SPAN) (Level I, II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Child Development*

Children with special needs have the right to be included in every facet of life the same as children without disabilities. This workshop will examine laws, practice and resources that support infants and toddlers with special needs. We will discuss developmentally appropriate strategies and support for those working with and caring for infants and toddlers. Resources and information on additional community supports will be provided. Participants are encouraged to raise questions and comments as applicable to the discussion.

3. Training the New Kid on the Block to Care with Excellence - Part II – A Train the Trainer Event for Directors. - Maureen Greiner, NJ First Steps Infant Toddler Specialist Consultant to Programs for Parents, Inc. (Level II, III)
NJ Infant/Toddler Credential Quality Key Indicator – *Health and Safety*

When you hire new staff you need them in the care room on day one. Often they learn as they go and learn other's mistakes along the way. This session will provide the tools for directors to give a supportive orientation to meet and exceed licensing standards. ITTERS-quality standards for hand washing, diapering, and all personal care routines will be demonstrated and practiced. Take home an orientation kit for your staff. We will offer videotaping of these am and pm workshops for participants to take home a training video for their site.

4. Tell Me a Story! Read Me a Book! Early Language Literacy for Infants and Toddlers - Debbie Silver, Director of Professional Development, Child Care Resources of Rockland (Level I, II)
NJ Infant/Toddler Credential Quality Key Indicator - *Curriculum*

Discuss the importance of reading and building language literacy through reading and storytelling with infants and toddlers. Build a repertoire of strategies for building relationships with the young children in your class through reading and storytelling and see how you can turn everyday events into storytelling experiences.

5. Setting the Stage for Healthy Eating Habits: Infant and Toddler Nutrition - Jennifer Salt, RD, Nutrition & Food Service Manager, Center for Family Resources (Level I)
NJ Infant/Toddler Credential Quality Key Indicator – *Nutrition*

This workshop is for those individuals who are interested in learning about the basics of breast feeding and formula feeding, as well as introducing solid foods. In addition, reducing the risk for food allergies, toddler portion sizes, and how to deal with picky eaters will be covered in order to stress the

Saturday Afternoon...

2:00 pm - 3:45 pm

importance of how feeding choices can have a lifetime impact on health and weight.

6. New Employee Orientation for Infant/Toddler Caregivers - Jennifer Santana, Early Head Start Manager, Center for Family Resources; Lori Hayes, Program Specialist, Head Start Regional 3 office, ACF (Level I)

NJ Infant/Toddler Credential Quality Key Indicator – Professionalism

Giving new employees an in-depth orientation is a key factor to their success within your organization. This is especially true in the field of child development with new infant/toddler caregivers as they are working with children in their critical developmental stages of life. This workshop will focus on what new infant/toddler caregivers should know when beginning their new job and real examples of documents that can be utilized as part of the orientation process.

7. Music for Infants and Toddlers - Margie Brickley, Faculty, Bank Street College of Education (Level I, II)

NJ Infant/Toddler Credential Quality Key Indicator – Curriculum

Join us for an exploration of how infants and toddlers explore and come to understand music. We will sing, play instruments, and share our own favorite musical activities. This workshop is appropriate for those new to our field as well as those who want a deeper understanding of music and development.

8. How to Create, Develop and Maintain a Teacher's Job Performance and Portfolio That Shows the Passion for What You Do in Your Classroom - Josephine Ahmadein, Infant Program Team Coordinator, Employee's Center for Young Children (Level II)

NJ Infant/Toddler Credential Quality Key Indicator – Professionalism

Improve your ability to demonstrate your hard work and commitment as well as make an impact on your next performance appraisal. Develop a professional tool that inspires you and others to grow and excel in the field of early childhood. Examples of portfolios will be available.

9. Mind in the Making - Understanding How Children Learn - Michelle Barnea, Executive Director, Innovations in Early Learning (Level I, II, III)

NJ Infant/Toddler Credential Quality Key Indicator – Child Development

Using video clips from *Mind in the Making: Experiments in Children's Learning*, participants will view research studies that inform practices in infant/toddler education. Learn how waiting to eat a marshmallow can lead to higher SAT scores. Discussions will allow participants to apply the research



Renaissance Woodbridge Hotel



15 US Highway 1 South

Iselin, NJ 08830

(732) 634-3600

Group Rates – \$109.00 Single/Double

To receive reduced conference rates, call the hotel directly and make your own reservations before February 13, 2013. NOTE: The Renaissance Woodbridge and CITE cannot guarantee this special rate if reservations are not made by February 13th.

Shuttle Service is available from MetroPark train station. Call in advance to schedule pick up at (732) 634-3600.

Hotel website: www.renaissancewoodbridge.com

Directions

FROM THE NEW JERSEY TURNPIKE

Exit 11 and follow signs to Garden State Parkway North to Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn unto Middlesex-Essex Turnpike. At the 3rd traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to The Woodbridge Hotel & Conference Center which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM THE GARDEN STATE PARKWAY

TRAVELING SOUTH:

Take Exit 130 to Route 1 North. Continue until you see the Woodbridge Hotel on the left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's Main entrance.

TRAVELING NORTH:

Take Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn unto Middlesex-Essex Turnpike. At the 3rd traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to the Woodbridge Hotel & Conference Center, which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM ROUTE 287 NORTH OR SOUTH

Take the exit for Route 1 North. Continue until you see the Woodbridge Hotel on the Left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's main entrance.

FROM NEWARK INTERNATIONAL AIRPORT

Take Routes 1 and 9 South toward Woodbridge. Follow Route 1 South to Woodbridge Hotel & Conference Center on the right hand side – approximately 12 miles.

FROM NEW YORK CITY

Take either the Holland or Lincoln Tunnel to the New Jersey Turnpike South, To Exit 11. Take the Garden State Parkway North, to Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn unto Middlesex-Essex Turnpike. At the 4th traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to the Woodbridge Hotel & Conference Center which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM STATEN ISLAND

Take the Outer Bridge Crossing to Route 440. This will eventually turn in to Route 287, which you will take going North. Take exit for Route 1 North. Continue until you see the Woodbridge Hotel on the left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's main entrance.



Donate Diapers and Help Babies in Need

Diaper Need is a Critical Issue – And Together We Can Make a Difference In Our Own Community

*Please bring an unopened package of
diapers to donate!*

Date of Diaper Drive: **MARCH 1-2, 2013**

Time:

Duration of conference

Drop-off Site:

Renaissance Woodbridge Hotel

Visit www.everylittlebottom.com





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IMPACT NJ
advocating growth for
early childhood educators



WORLD-CLASS
EDUCATION

NJ Registry - Early Childhood Professional Connection

*You've taken all those workshops, now what do you do with all those certificates?
The NJ Registry can help you keep it all together!*

Create Your Professional Development Profile

Whether you are a teacher, family child care provider, a family worker, education coordinator, etc., the NJ Registry demonstrates your commitment to professionalism! It allows you to easily create and manage your early childhood professional development profile on-line—24 hours, 7 days a week—even if you switch employers! Once your NJ Registry account is **"Active"** you will have access to the following:

Education and Training Report

This report provides a summary of any degrees, certifications, college experience, and credentials you have, as well as trainings you have attended. You submit all the documentation and we will do all the work!



REGISTRY PARTICIPANT EDUCATION AND TRAINING REPORT
10/16/2012

Participant Name:
Registry Participant ID:
Employer Name:
Employer Registry ID:
Participant Role:
Registry Career Lattice Level:

Note: This is a sample report. Name, Registry #, etc., were deleted from this report but will appear on actual report.

Assistant Teacher
IIF

Degrees:

DEGREE TITLE	DEGREE TYPE	DATE COMPLETED	REGIONALLY ACCREDITED
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Other Education:

COURSE TITLE	COURSE TYPE	DATE COMPLETED	HOUR TYPE	HOURS/CREDITS	CORE KNOWLEDGE AREAS	REGIONALLY ACCREDITED
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High School Diploma	High School Diploma	07/17/1982	Semester Credits	0		No
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Trainings:

COURSE TITLE	COURSE TYPE	DATE COMPLETED	HOUR TYPE	HOURS/CREDITS	CORE KNOWLEDGE AREAS
Creative Teaching Strategies	Professional Development (EC)	03/12/2012	Clock Hours - CEU Eligible	1.5	2
Teaching Math to Young Children 2.5 years Eng	Professional Development (EC)	02/04/2012	Clock Hours - CEU Eligible	3	2
Teaching Science to Young Children 2.5 years	Professional Development (EC)	01/07/2012	Clock Hours - CEU Eligible	3	2
Stages of Child Development: Egoes de Desarrollo	Professional Development (EC)	10/05/2011	Clock Hours	3	1
How Children Grow and Learn Child Development III	Professional Development (EC)	09/17/2011	Clock Hours - CEU Eligible	6	1
Safety Measures	Professional Development (EC)	07/22/2011	Clock Hours - CEU Eligible	3	7
Child Development Professional Education on 0-6 Ch	Professional Development (EC)	05/01/2010	Clock Hours - CEU Eligible	25	2

Professional IMPACT NJ - P.O. BOX 1738 - Union, NJ 07083 - 973.391.2633 ext. 204

Page 1 of 3

Track Annual Training Hours

NJ Registry staff enter your workshops into your individual profile, making it easy for you to track and manage your annual professional development training requirements for the Office of Licensing, Head Start, or others.

Help Selecting Professional Development Workshops

Reviewing the Core Knowledge Areas listed on your **Training and Education Report** can help you identify the areas in which you need additional training.

NJ Registry Career Lattice

The **NJ Registry Career Lattice** is an easy-to-understand display of steps to take on your professional path. Your assigned level reflects your education, training, and experience.

NJ Office of Licensing (OOL) Approvals

You can apply for NJ OOL Group Teacher, Head Teacher and School-Age Supervisor Approvals once your account is "Active."

Easy Access to Proof of Membership

You can easily print your NJ Registry Certificate, Education and Training Report and NJ Registry Membership Card. Accessible by clicking the "My Tools and Settings" tab.

Register for Workshops On-line (NEW)

NJ Registry members can now register on-line for trainings conducted by **Family Strength Associates, Inc. and Community Coordinated Child Care of Union County**, through the NJ Registry. Participants can also view and withdraw from these workshops with ease. **Note: although other trainings can be found in our training calendar, NJ Registry members can ONLY register on-line for workshops offered by the two agencies listed above.*

Training Calendar

Need professional development hours? Other local agencies enter the workshops they are conducting in our training calendar. If you are interested in attending these workshops you will need to contact the sponsoring agency for more information.

Join Today!

www.pinregistry.org

MEMBERSHIP IS NOW FREE!

(effective January 2013)

New members—Click "Register Now"

Previous Members - Call us to find out how to get into your existing account and renew your membership.

973-391-2633 ext. 204 or 203

CITE 28TH ANNUAL CONFERENCE

Registration Form

Name _____

Address _____

_____ County _____ Work Title _____

Employer Name & Address _____

Day Phone _____ Evening Phone _____

E-Mail Address _____

Please Check Chapter:

_____ Northwest (Morris, Hunterdon, Sussex, Warren) _____ Northeast (Bergen, Hudson, Passaic)

_____ University (Somerset, Middlesex, Union, Essex, Mercer, Monmouth, Ocean)

_____ Southern (Atlantic, Cape May, Gloucester, Salem, Cumberland, Camden, Burlington)

Friday 3/1/13

Director's Track ☐ OR

Morning Session: 10:45 am - 12:30 pm

First Choice _____ Second Choice _____ Third Choice _____

Afternoon Session: 2:00 pm - 3:45 pm

First Choice _____ Second Choice _____ Third Choice _____

FRIDAY AFTERNOON ACTIVITIES: (Please check)

4:00 pm - 5:00 pm - ☐ Zumba OR

4:00 pm - 5:45 pm - ☐ NJ Birth to Three Early Learning Standards

4:00 pm - 5:00 pm - ☐ CITE celebrates those who have earned the NJ Infant/Toddler
Credential. Visit the Room of Requirement.

Saturday 3/2/13

Director's Track ☐ OR

Morning Session: 10:45 am - 12:30 pm

First Choice _____ Second Choice _____ Third Choice _____

Afternoon Session: 2:00 pm - 3:45 pm

First Choice _____ Second Choice _____ Third Choice _____

MEAL PREFERENCE:

FRIDAY: ☐ Vegetarian OR ☐ Chicken

SATURDAY: ☐ Vegetarian OR ☐ Chicken

CONFERENCE FEES ARE NOT REFUNDABLE - NO EXCEPTIONS

Early Bird – must be postmarked by February 8th
\$130 for 1 day, \$210 for 2 days

Postmarked after February 8th
\$155 for 1 day, \$235 for 2 days

Register early, sessions fill up quickly!

Return this form with the Registration fee by February 8th to:

CITE P.O. Box 141 • Monmouth Junction, NJ 08852

Please make checks payable to: CITE

Can't attend the Conference but want to become a member?

Please complete the following information and mail it along with the \$30.00 membership fee to:

Coalition of Infant/Toddler Educators (CITE)
PO Box 141
Monmouth Junction, NJ 08852

Name _____

Address _____

_____ County _____

Employer Name & Address _____

Job Title _____

Day Phone _____ Evening Phone _____

Please check Chapter:

_____ Northwest (Morris, Hunterdon, Sussex, Warren)

_____ Northeast (Bergen, Hudson, Passaic)

_____ University (Somerset, Middlesex, Union, Essex, Mercer, Monmouth, Ocean)

_____ Southern (Atlantic, Cape May, Gloucester, Salem, Cumberland, Camden, Burlington)

PLEASE HELP!

Please consider making a donation to CITE!

It is individual donations such as yours that help us complete our mission to *promote quality infant and toddler care and education by building collaborations, providing professional development opportunities, support and resources, and by influencing public policy.* We are a tax-exempt organization and your donation qualifies as a tax deduction. **THANK YOU!**

Name _____

Address _____

Amount _____ Please mail your donation to CITE, PO Box 141, Monmouth Junction NJ 08852



**EXERCISE YOUR RIGHT AS A CITE MEMBER
TO VOTE FOR YOUR STATE BOARD
REPRESENTATION AT THE 28TH ANNUAL
CITE CONFERENCE!**

Go to the CITE website at www.njcite.org after 02/02/13
to find the 2013-2014 Slate of Officers.

New Board members are always welcome!

Consider becoming a CITE State or Chapter Board Member, visit the CITE Information table in the Exhibitor's Hall at the CITE 28th Annual Conference for more information.

Nominations will be accepted from the floor before the
vote on 03/02/13.

CITE

P.O. Box 141

MONMOUTH JUNCTION, NJ 08852

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SAVE THE DATES!

MAY 22, 2013



HEALTH IN CHILD CARE

**Health in Child Care
Conference**

**Renaissance Woodbridge
Hotel**

MAY 30, 2013

**New Jersey Early Care
and Education Alliance
Aletha R. Wright
Legacy Symposium
Mercer Oaks in
Princeton Junction**